



Newsletter of the Bethany Educational Society ® Mangalore

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Editorial



It is New Year 2017 and we have already walked into it! The year that we have walked into is like a painting not yet painted; a path not yet stepped on; a wing not yet taken off! Yet we have high hopes and great expectations that this year will bring us new experiences and new prospects. William Arthur Ward says it well:

Another fresh new year is here
Another year to live!
To banish worry, doubt, and fear
To love and laugh and give!

*This bright New Year is given me
To live each day with zest
To daily grow and try to be
My highest and my best!*

*I have the opportunity
Once more to right some wrongs,
To pray for peace, to plant a tree
And sing more joyful songs!"*



Someone has beautifully put it - If you can't fly then run; if you can't run then walk; if you can't walk then crawl; whatever you do you have to keep MOVING FORWARD. Dear friends, as we move on, let us "Take the first step in faith. We don't have to see the whole staircase, just take the first step." (Martin Luther King, Jr.). In the successive steps we will have gains and losses, successes and failures, joys and sorrows but we need not be afraid for great deeds are usually wrought at great risks. Let us grab common occasions to make the best of life without waiting for extraordinary opportunities.

We have just celebrated Christmas – the birth of Jesus Christ the Saviour! We have shared our joy with friends and exchanged gifts. At this juncture, we need to remember that Christmas is not only a celebration but also a mandate as the following poem indicates:

*When the star in the sky is gone,
When the Kings and princes are at home,
When the shepherds are back with the flocks
The work of Christmas begins,
"To find the lost, to heal the broken, to feed the hungry, to release the prisoner,
To bring peace and love to all and to make music with our Heart"*

The purpose of education is to make our students to reach the unreachable star on one side and to make them sensitive to respond to their needy neighbour's pain on the other. It is to awaken in them the inner energy and to help them in releasing it in building a better world – to seek the lost, heal the broken, feed the hungry, clothe the naked, quench the thirsty and release the prisoner. May the New Year make us new in our perspectives and take us beyond the horizon.

Happy New Year filled with Blessings and Peace!

Sr Mariette BS

*Editorial
Board*



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Pilgrimage of Bethanites – Higher English Medium School, Puttur



“The best and the most beautiful things in the world cannot be seen or even touched. They must be felt with heart” says Helen Keller. This is my experience when we went on a pilgrimage to various places on 8 October 2016. As the proverb says, “A good beginning makes a good ending”, we 67 Catholic students of Bethany Hr Pry School Puttur along with our Headmistress Sr Lavita, and teachers Sr Prabhath, Sr Charles and Mrs Anitha Reshma received the blessings from Mother Mary and Fr Founder at the portals of Lisiuex Convent, Puttur as we began our journey at 8.00 am to the birth place of Bethany Congregation and the abode of the Servant of God – RFC Mascharenhas, the Founder.

The moment we stepped on the sacred ground Bethany where this Servant of God, lived and died, we were warmly welcomed, appreciated, loved and cared by Rev Sr Rose Celine, the President of BES, Sr Lillis - the Vice President, Sr Lilitta, Sr Shanthi Priya, the General Councillors and Sr Mariette, the Secretary of BES, Mangalore. Just as the note of joy was struck in the hearts of Mary and Martha of Gospel fame when Jesus visited them, each one

of us experienced the warmth and loving presence of sisters.

Thereafter we went to see the Museum and witnessed the simple life style of RFC Mascarenhas and beautiful carvings in the Bethany Mother House Chapel. We took an hour to see the exhibits. It was a thrilling experience to all of us. We spent time in dhyana and experienced peace within us.

After this, we proceeded to Infant Jesus Shrine, Bikarnakatte. Then we went to Bajpe to the Shrine of St John Paul II. We also had the privilege of visiting St Antony's Ashram, Jeppu. There we spent time with the inmates. When we met them our hearts were moved to compassion like Fr Founder. We found meaning to the two projects undertaken by us “Save money to send my friend to school”, and “Green your Closet”.



We thank God for this beautiful day in our life where we experienced Jesus in these sacred places and in the poor. I thank our Headmistress Sr Lavita for arranging this pilgrimage and for giving us the spark of the love of Jesus.

**Master Jeston Menezes, 7th Std
Bethany EMS, Puttur**

UNICEF for Children's Parliament in Mary Mount

On 19 September 2016, Magic Bus, a Delhi based NGO under UNICEF selected Mary Mount School as a model for their upcoming various projects and organised 'Children's Parliament' for which they selected 40 students from class 5 to 8.



Mr Edward George from Delhi was the resource person. He was in-charge of the whole session. He interacted and explained about the sustainable goal keeper, and the ultimate aim of their programme - end poverty, reduce inequality and tackle climate change in India. The students were divided into 5 groups, and each group participated in the different activities like drawing, hangman, antakshare, dhamshare and story writing. It was a good and useful platform for our students to think out of the box. Most of

them took this chance to open up and express themselves by getting out of their closed self. The Headmistress, Sr Sylvia Monterio, along with a few teachers was present to witness the interactive sessions. We look forward for the next opportunity to be enriched through 'Joyful learning'.

Margaret Sanai, Mary Mount School, Aizawl, Mizoram

Felicitation to the Dedicated Band of Teachers at Canacona



In the 'Annual Teachers' Day' programme organized at St Sebastian's High School Loliem by Lions Club of Canacona on September 3, 2016, Sr Ernestine BS (Ida Lobo) Headmistress of St Sebastian's High School was one of the three teachers who was appreciated and honoured in recognition of her dedicated services to the society. She was felicitated by Shree Arun Bhat, Chairman, Shradhanand Dyanprasarak Sanstha and Shree Mario Fernandes, the Chairman, Lions District Region in the presence of Shree Bhushan Prabhugaokar, Loliem-Polem Village Sarpanch and other dignitaries, Arun Sagun Bhat, President, Lions Club Canacona, Dr Villas Pawaskar and others.

Arun Sagun Bhat, President, Lions Club Canacona in his speech appreciated the services of Bethany Educational Society for reviving St Sebastian's High School in its strength and credibility since 1998. He said in the year 1997 i.e., before the Bethany Educational Society took over the management, the surrounding/ neighbouring schools had received letters from Goa Board of Secondary and Higher Secondary Schools of Education to absorb the students of St Sebastian's School as the school had to be closed down. Today this school is most preferred for its discipline and value based education. The students are bubbling with joy and laughter as the school has 100% result in SSC Exam for the past three consecutive years. He also added that they are happy with the institution and that it is better that all schools in the vicinity are run by the Bethany sisters. He also appreciated Sr Ernestine for her motherly presence, kind and thoughtful ways in the school.

Sr Ernestine in response said that she had a great desire to serve the poor and the marginalized sections of the society and the Bethany Congregation founded by the Servant of God R F C Mascarenhas was a suitable platform for the fulfillment of God's calling.

**Sr Dominic Savio BS, Manager
St Sebastian's HS, Loliem, Goa**

Patron's Day Celebration

The Patron's day – St Therese of Child Jesus - was celebrated on 01 October 2016 with an hour of solemn thanksgiving prayer. The students participated in it whole heartedly with songs of praise and thanksgiving. They offered generously food grains, pulses, fruits, vegetables, coconuts, candles, grocery items etc. The student representatives went round the city along with the staff to share these offerings with six needy families and the following needy institutions: St Sebastian's Hr Pry School, Bendur; St Joseph's Hr Pry School, Kankanady; St Joseph's High School, Kankanady; Paschim Rehab,



Someshwar; White Doves, Mangalore; Students' Home, Maroli; HIV AIDS Home for Girls and Boys, Shivbagh and Infant Mary's Hostel, Kulshekar.

**Sr Premitha BS, Principal
St Theresa's School, Bendur, Mangalore**



One Vision: Many Activities

Jail Programme

Mr Anand the dance teacher along with Mr Johnson and students assisted by Sr Principal, Vice Principal, Head Mistress and seven teachers presented Patriotic/ Independence Day programme for the prisoners of Naini jail. The inmates therein were overwhelmed by the presence of our students that they gave ₹1000/- (Rupees One Thousand Only) cash as a token of love to the Principal Sr. Benny and ₹ 50/- (Rupees Fifty) to Nitya Gupta of 9C as a mark of appreciation.



Flood Relief Operation Performed by BCS

Students from KG to XII donated eatables, cash, ration, drinking water, soap, biscuits etc. under the able initiative of our respected Principal, Sr Benny who was accompanied by the Vice Principal, Head Mistress and a few other teachers. They visited flood victims near Gaughat, Salori and Minto Park. It was a great joy to help out these less fortunate brothers and sisters who hail from the weaker sections of the society.



A Rare Achievement

It was a proud moment for Bethany Convent Senior Sec. School, Allahabad, when Mrs Anita Daud, a senior staff member was invited to receive 'The Best Teachers Award' at a ceremony sponsored



Congratulations Mrs Philipine D' Mello

Mrs Philipine D'Mello Assistant teacher of Presentation Convent Hr Pry School, Dharwad received a Cluster Level Best Teacher's Award on 19.09.2016. Bethany Educational Society ® Mangalore and Presentation group of institutions are proud of her achievement and we congratulate her on this occasion.

Sr Jessy Lasrado BS, HM, Presentation Convent HPS, Dharwad

by Srijan Shikshan Sansthan of Allahabad. The Chief Guest on the occasion was Dr Rajendra Prasad, Vice Chancellor, Allahabad State University and the guest of honour was Padam Shree Dr Baveja, Director, of Kamla Nehru Hospital Trust. She was honoured with a citation and a shawl.

A Streak of Intelligence



Kudos to Master Paritosh Kumar Maurya of Class V, who stood first among many children, as the city topper in

the Quiz competition on "Brain-O-Brain". For his excellent performance he bagged a Trophy and a cash award of ₹ 2000/-.

Way to Spirituality

Alex Donald and Ansh Donald of VI class brought laurels as they won the Gold Medal and a Shield in the Bible Festival organized by the Catholic Diocese of Allahabad at the Zonal Level.



Charity Begins at Home

A noticeable charity was done by the teaching staff of Bethany Convent School Naini, to two of the IV class employees of our school.



*Ms Neera Olive Milton & Mrs Esha Hussain
Bethany Convent School, Naini*



Students on the Way to National Level Painting Competition

On 30 September 2016, Disaster Management and Rehabilitation of Mizoram organized State Level painting competition on "Disaster v/s Collective Strength on Disaster Risk Management begins at Home/School". 40 students from Mary Mount School, Aizawl, participated in the competition out of which two students - C. Lalchhandami, Class VII C and H. Laldusaki Class VIII B bagged 2nd and 3rd prize respectively, consisting of certificate and cash prize of ₹ 4000 and ₹ 3000 each. They represented Mizoram at the National level in the Painting competition held in New Delhi on 5 November, 2016. The prize winners were accompanied by their parents, Headmistress Sr Sylvia BS and Ms Mary Wu, to Minister's Chamber, Capital Complex to receive their prizes.

**Sr Sylvia BS, Headmistress
Mary Mount School, Aizawl**



Rest in Peace



The sudden demise of our colleague Mrs Sagaya Mary Selvie on 9 October shook the Josephites to the roots. A teacher to the core, Mrs Sagaya never compromised when it came to giving her maximum to the students. She never complained, in spite of her poor health and that is

why she left her colleagues and students in great shock. Huge crowd including students, teachers and parents gathered to bid farewell to this

beloved teacher Mrs Sagaya Mary. She helped the students, defended them, encouraged them, and recognized their strengths, achievements and limitations as well. She was sober and dignified in her approach.

We miss our teacher very much. She will be remembered for all that she was to our students. The memories that are imprinted in our hearts will never be forgotten. We believe that her soul will soar high in a clear sky and the earth will be mild on her mortal body. May her soul rest in peace.

**Sr Sandhya Jose BS
St Joseph's Convent School, Kalpetta**

Patriotism Displayed Through Dance

The campus mused with beats and steps when Stella Maris Convent School, Sultanpur came up as an arena for the budding dancers among a number of schools in the vicinity on the occasion of Inter school Patriotic Dance Competition organised by Sahodaya Group of CBSE Schools Complex. The school was proud to host such a dazzling competition.

Spirit of independence prevailed in the month of August which could be witnessed through

exuberant participation of our students on the stage with their tri-coloured attire. Different groups presented the diversity of our nation through Bhangra, Kathak, Bharat Natyam; the boys rocked the stage with break-dance.

Our school being the host was the last performer. Our students mesmerized the audience with a blend of Bharat Natyam, Kathak and Folk. The dashing spirit of patriotism left all viewers spell bound.



Our joy knew no bounds when our school was declared first. The competition was really tough, yet we made it. Stella Maris Convent School, Sultanpur is destined to shine as a star! Keep shining!

**Mrs Gopa Dev
Stella Maris Convent School, Sultanpur**

Bethany Sapling at Mc Mandro, Ranchi

"Whatsoever you do to the least of your brothers and sisters you do unto me" (Mt-25:45)

In response to our Founder's Charism 'Compassionate love, especially for the poor and zeal for the proclamation of the Gospel', the



Sisters of the Northern Province, guided by Sr Canice, the then Regional Superior, under the leadership of Sr Sylvine the then Superior General began their ministry in June 1985 at Mahuatoli, a remote village in Ranchi District (Jharkhand). The first members were Sisters Rosia, Rose Rita and Neelam. Living among the village folk in the far-flung area, sharing their residence and life, being together as a community and involving themselves in the proclamation of the good news and the empowerment of the poor and the marginalized was a unique experience and a great inspiration for them. Sr Canice assumed the responsibility of this mission in July 1986 and continued with same vigour under the able guidance of Sr Wilberta the then Provincial Superior of the Northern Province.

On 7 February 1987 with the blessings of Archbishop Telespore P Toppo the Sisters shifted their residence to Mc Mandro, Ranchi (Jharkhand) as he graciously offered 3 acres of land of the Diocese to the Sisters with an old structure which served as their residence. The K.G Hindi Medium School started in 1986 with



30 children by Fr Lawrence Kujur, the then Parish priest was handed over to the Sisters. Sr Canice took charge of the school, while Sr Rosia and Sr Melvice continued social-pastoral ministry at Mc Mandro and surrounding villages.

In the initial years there was lot of resistance from the local people. Braving all the challenges the Sisters continued their pastoral, educational and socio-medical ministry with undaunted courage under the leadership of Srs Zeena, Erasma, Gracy D'Souza, Stella D'Souza, Yvonne, Rositta, Rose Rita and Sr Dulcine. Bethany Convent Hindi Medium School too made steady progress under the guidance of Srs Oliva, Yvonne, Winnifred and Shamitha. Srs Stella D'Souza, Gracy D'Souza, Priyanjali, Gracy Natal and Prisca Toppo contributed greatly to the uplift of the poor and the marginalized through the socio-pastoral care, while Srs Lancia, Rositta, Shobha, Joselita touched the lives of numerous people through the medical ministry.



Bethany Tribal Girls' Hostel was opened in 2004 with a few poor tribal girls from the surrounding villages. It continues to be a boon to the financially deprived children. Later in 2006, Bethany formation programme was started for 'Come and See' candidates. Sr Nora and Sr Hilerian served as the Directresses.

Bethany Convent School marched forward under the leadership of successive Headmistresses. Sr Karuna the present Headmistress with her zeal, and persevering efforts has succeeded in securing the recognition from the State Government for the Primary and the High School separately in July and August 2016 respectively. It is a matter of great joy to all of us and those connected with the school from its inception.

Even though the school was not recognized in the past years, with good contacts the



Headmistresses were able to secure Government facilities, such as cycles for High School students, uniform for girl students and stipend for all children. Over the years, dignitaries, Most Rev Telespore Toppo, the Archbishop of Ranchi, - Sr Agnella, Sr Jyoti, Sr Wilberta - Superiors General, Sr Miriam, Nora, Maria Leena - Provincial Superiors, members of the Legislative Assembly, District Commissioners, Block Developmental Officers and Block Education officers have visited the school and have encouraged the staff and students. Seven batches of students have answered X Std Board Examination securing good results. In the past year we had 100% result with good marks. They also participated successfully in the co-curricular and sports activities at different levels, including the State level. Truly our Founder's dream of educating and empowering the least ones is getting realized.

Currently Sr Supreetha, the Superior of the community gives great service through her animation and healing ministry. The School headed by Sr Karuna has 710 students on its roll. Sisters Sunita Toppo, Neharika and Suchitha join the band of dedicated 26 staff members. 48 children in Bethany Tribal Girls'

Hostel are nurtured by Sr Neharika. Bethany Candidates are being guided by Sr Wilberta assisted by Sr Sunita Toppo.

Northern Province was bifurcated and the Eastern Province was formed on 08 December 2014 with Sr Shaila as its first Provincial Superior. Mc Mandro mission, a part of the Eastern Province has received immense support from her and her team. This Bethany sapling of Mc Mandro had been the beneficiary of the benevolent services of the Northern Province as well as the Bethany Generalate since its foundation.

I raise my heart in gratitude to God for the numerous blessings we have received during the past 31 years. One such great blessing is the gift of this place offered to us by the Archbishop. Mc Mandro, situated on Ranchi-Mandar High



way is 15 K.M away from Ranchi. The campus is full of Litchi trees; the lush green surrounding, is really beautiful. The weather is comparatively pleasant. We are blessed with modest buildings for Convent, School, Dispensary and Hostel. The Parish Priest is very supportive. The Sisters and the inmates of the campus and parishioners have daily Holy Eucharist in the parochial house and on Sundays it is celebrated in the School Hall; indeed it is a blessing!

The community rejoices at the great blessings and joins our Blessed Mother to sing the mercies of the Lord. We pray that this mission moves as per the desire of our Founder.

Sr Karuna BS, Headmistress
Bethany Convent School, Mc Mandro, Ranchi



St Joseph Viswema, Nagaland

Viswema village is situated about 25 km South of Kohima, the State capital of Nagaland. The hillock on which the Catholic Mission was built was considered “unclean land”. During the Second World War, the Japanese had used it as their base, digging trenches and hiding in them. At the end of the war, they buried their ammunition here. Numerous empty and half empty shells were found while preparing for the



foundation of the convent and school. However this unclean land has become a source of blessings to Bethany, the church and the village. Viswema was one of the villages managed by the Jesuits of Karnataka Province. Rev. Fr Alexis Menezes SJ, the then Provincial of the Karnataka Jesuits struck a deal with Mother Macrina, the then Superior General to send sisters to this infant mission.

It was the initiative of Jesuit pioneer Fr Stanislaus Coelho SJ, a Jesuit Missionary from Karnataka Province to begin an English medium school in Viswema. The villagers were open to the idea of English education and generously donated land for the same. The school was formally opened on 19 March 1974 and dedicated to St Joseph.

Bethany ventured into this village in 1977. The pioneers of this mission Sr Noeline, the Superior and Headmistress, Sr Peace, Sr Ivan and Sr A P Tresa, set foot on this holy ground on 10 February 1977. The first four received a solemn welcome at Dimapur by Most Rev. Abraham Alangimattathil SDB, Bishop of Kohima. They stayed with Sisters of Apostolic Carmel for a few



months as the convent building was not ready. One of the pioneers recalls the inauguration of their mission; “On that evening Fr Stany Coelho presented each of the pioneers an Angami prayer book and said, from today you may do any good work at Viswema. Then he drove them to Viswema.

The sisters lost no time in launching their ministry and began the classes the next day. The school cum convent building was under construction, therefore a thatched shed served as school. The new school cum convent building built at the expenses of the mission was blessed and inaugurated by Bishop Abraham Alangimattathil SDB on 14 March 1977 in the presence of many priests, sisters and people. On this occasion sisters were blessed and welcomed by the oldest man of the village by offering to each of them Angami traditional shawl.

Like new missions everywhere, Viswema mission started out with a multi-pronged approach. Formal teaching in the school, informal teaching after school, house visits, prayers, catechesis, health and hygiene education; all possible methods were used in order to have good news



preached. The sisters' activities were not restricted to Viswema alone; but they reached out to neighbouring villages – Kedima, Kezoma, Khuzama, Khezokonoma etc.

The foundation for a new convent building was laid by Fr Coelho on 23 December 1986, on the death anniversary of the Founder. The new convent was built at the expense of the Congregation and was inaugurated on 4 April 1988, by Bishop Abraham.

Bethany sisters came to be part of the school in 1977. At that time, the school had reached up to class 2 with 80 students on roll. By 1986 the school reached up to class 8 with 450 students on roll. The management of St Joseph School was transferred to Bethany sisters on 8 September

1986, from the Jesuits through the Diocese. The first batch of students wrote their matriculation exam in December 1989 with excellent results. The construction of a new school building began in January 1990. The work of the new school



building was completed in 1994 and blessed by Fr Castellino SJ. The school received conditional recognition from the Nagaland Board of School Education in 1992, which meant that students could appear for class 10 examinations in the name of the school. Till about the mid 90s most of the teachers were from outside Nagaland, particularly from South India, Manipur and Assam. At present teachers are from the village itself and most of them are Ex-students.

In 2009, the school was upgraded to higher Secondary level in Arts Stream. It necessitated the construction of another wing for higher secondary in the same year funded by Bethany Educational Society. The new block was blessed by Fr Neisalhou Carolus and inaugurated by Rev. Sr Wilberta, the then Superior General on 22 October 2010.

Sr Noeline was the first Headmistress and the subsequent Headmistresses were Sr Selina, Sr Ordella, Sr Chrisette, Sr Carol, Sr Sumitha, Sr Janet Mendonca and at present Sr Harsha assisted by a steady band of committed sisters and dedicated staff. They have steered the course of education with courage and vision.

Being the first High school and Hr Sec. School of Bethany Educational Society in the North East, St Joseph School has enjoyed the special love and tender care of the Province and the Generalate team whose help especially financial, made it possible to maintain well this village school.

The school caters to students mainly from our village. In addition 100 children came from the neighbouring villages. Our village Viswema has four government L P. Schools, one higher

primary school, two high schools and a higher secondary school other than St Joseph Hr Sec. School. The children are distributed in all these schools; therefore the enrollment always remains between 500-550 students even after 42 years of its existence. Right from its inception we have been recipient of help and support from the Provincialate and Generalate since the school is not self-sufficient due to low enrolment. We remain grateful to our past and present, Superiors General and Provincial Superiors and their team, Bethany Educational Society Mangalore and BES North East Province for every help.

With the permission of the Bishop of Kohima, the formation house was opened in 1986 and "Come and See" programme began the same year. Sr Lucy Maria was the first Candidates in charge followed by Sr Selina. Later student-candidates were kept to pursue their studies along with the training for religious life. Bethany had the joy of having the first vocation from this village in the person of Sr Agatha Vitsu who made her first profession in 2011. Sr Adu Celine, Sr Teresa Sulahele, Sr Gladys were the fruits of this mission. We have quite many sisters from the North East who stayed in this formation house either for their high school or higher secondary school education. At present we have 8 candidates studying in class 11 and 12.

Closely attached to the school is the hostel apostolate. Thirteen hostellers joined on 18 July 1977 and at present we admit girls from KG I to Class 12 and boys up to Class 4. Most of them are from the neighboring villages where they are



deprived of the school facilities. Children are well taken care, providing them with ample opportunities for their all round development.

From the very beginning the medical needs of the people were taken care by the sisters. The sisters started moving out to the villages with medicine

in their little bags. It was through the medical aid that the sisters were able to enter the villages. As the years rolled by and the demands of the mission increased, the activities of the sisters became more organized in medical and social field besides education. Sr Alice Thomas was the first full time nurse followed by Sr Marie Celine and others bringing their own expertise, added quality and quantity to the ministry.

The superiors who shouldered the responsibility of the mission at Viswema were Sr Noeline,

Sr Selina, Sr Ordella, Sr Chrisette, Sr Carol, Sr Jean Marie, Sr Leena Serrao and at present Sr Harsha. The sisters at Viswema are indebted to the Jesuit Fathers at Loyola Jakhama and Fathers at St Joseph College for their spiritual assistance and to everyone who contributed to build up this mission.

Sr Harsha BS, Headmistress
St Joseph Hr Sec. School, Viswema

Something New and Beautiful...

Go Green; Grow Green



Go Green: Grow Green - programme was organized in the school premises by the PTA Executive members. Mr Arun Kumar Rai, the Vice President of the PTA provided the saplings; he along with other Executive members planted 10 saplings. Sr Lavita, the Headmistress, School Cabinet members and teachers were present on the occasion.

Green your Closet



'Green your Closet' a unique programme was held on Teachers Day. The teachers sacrificed flowers and gifts on their day; they collected dresses from students, who were really generous. Everything was donated to the inmates of Jeevandan and Snehalaya, HIV/AIDS Rehabilitation Centres, Gurpur, Kaikamba.

Save Money to Send your Friend to School

"Save Money to send your Friend to School" programme was organized in the school.

Students collected ₹ 5,000/- from their pocket money and distributed ₹1,000/- each to 5 students of Std II studying in Little Flower Kannada Medium School, Darbe, Puttur. Our students have decided to help these 5 students to pay their fees until they complete VII Std. Congratulations to the students for their good will.



Throw Ball and Volly Ball Winners

Girls' team of Bethany English Medium Higher Primary School, Puttur bagged first place in Throw Ball and Boys' team too bagged first place in Volly Ball at the District level. They are now selected to play at the Divisional level. Congratulations to the players and the PET Mr Niranjana who trained them efficiently.



Sr Lavita BS, Headmistress
Bethany HPS, Puttur

Congratulations



Congratulations to Sr Molly Thomas BS, Headmistress St Joseph's Kan, Hr Pry, School, Sagar for being elected as the President of Aided Schools Association, at the Taluka Level and to Mrs Philomen Rasquina (Assistant Teacher) Vice President and Mr Basavaraj K(P E Teacher) as the Secretary. All three office bearers are from the same school. Congratulations for their credibility and best wishes for their mission.

The Staff, St Joseph's KHPS, Sagar

My Teacher, My School – Short film

A documentary film produced and directed by Rev Fr Nelson D'Almeida Professor, St Joseph's Seminary was released on 14 November 2016, by his Grace Rev Dr Aloysius Paul D'Souza Bishop of Mangalore at St Theresa's School, Bendur, Mangalore. The film is about the respect shown by a student towards her teachers and in turn, the teachers doing their best in moulding her character. The artists – Dolwia D'Souza of Std II who played student's role, Jasmine Moreira the teacher of the school who played teacher's role and all those who contributed for this short film were honoured on this occasion.

The dignitaries on the dais were Rev Dr Aloysius Paul D'Souza, Bishop of Mangalore Diocese, Rev Fr Joseph Martis, Rector of St Joseph's Seminary Jeppu, Rev Fr Nelson D'Almeida the film



Producer, Sr Mariette BS the Secretary of Bethany Educational Society and Sr Premitha the Principal of St Theresa's School, Bendur, Mangalore.

*Sr Shanthi Clara BS, Vice Principal
St Theresa's School, Bendur, Mangalore*

Shining Star of Stella Maris

'Great man is different from an eminent one in that he is ready to be the servant of the society'
– B.R. Ambedkar

These words hold true for one of the illustrious ex-students of Stella Maris Convent School (SMC) – Anupam Mishra of 2006 Batch. He is a great achiever who has reached the pinnacles of success as he poured his energy to his passion of serving the society. He scored 81st rank in Indian Administrative Services (IAS) Examination in May 2016.

Anupam was brought up in a modest surrounding. Simple life-style and supreme thoughts led him to the inner space and to become more focused in life. Good habits and values inculcated during his school life helped him to realize his dream. He was placed in the able hands of SMC mentors for his education in the year 1994.

His remarkable performance in X Board Examination of scoring 90% was the beginning of his success story. After that there was no looking back. Later he completed his B. Tech qualification from IIT Madras and M. Tech from Anna Nagar University, Madras. He served as

Deputy S.P in CISF and scored 575th Rank in All India IRTS Examination. On 10 May 2016 his vision of serving the society came true as he achieved 81st Rank in IAS Examination conducted by UPSC Delhi. It is not only a great accomplishment for Anupam but also a matter of pride for his family, friends and Alma Mater – Stella Maris Convent School.

On 12 May 2016, SMC family organized a felicitation programme to honour him. His motivational words addressed to the students added flavour to the programme. He expressed, "love and service"- the school motto was his inspiration to achieve his goal. He encouraged students to join Public Services, and expressed his heartfelt gratitude to the Principal, Sr Irene BS and his mentors. He was felicitated with a memento by the Principal.

Anupam Mishra has become a source of inspiration for many, is highly appreciated and applauded by the enthusiastic SMC students for his achievements.

*Mrs Preeti Srivastava
Stella Maris Sen Sec School, Sultanpur*

Social Service Week

The greatest gift of human being is the power of empathy. Compassion is the prelude to service and action is the beginning of prayer.

In the initial years of our school life, we were infused with several moral values by our teachers as well as our moral Science classes. However at that time our young and innocent minds, could not grasp the worth and merit of these values. One of those values that we deeply cherish even now is the value of 'giving and sharing'. And year by year, the celebration of Social Service Week has not only brought about a rewarding change in us but also has instilled this value of social service in our deepest consciousness.

The Social Service week begins with the collection of newspapers and magazines followed by stationery articles, toiletries, grains and cash. This activity inculcates in us the value of generosity, kindness and compassion, and all the students are sufficiently motivated to contribute our share by giving a part of our savings for the wellbeing of the poor, needy and the underprivileged.

At the completion of our Social Service week, the Student-Cabinet members along with some student volunteers, visit various villages and slums and distribute the collected articles to the needy.

Though, a drop in the mighty ocean, yet our effort is a significant step towards the welfare of the



society. And the joy that we experience with this noble endeavor is boundless.

The expectant eyes coupled with deep respect and gratitude, of the tiny tots and their parents brings immense joy and a deep inner satisfaction in us. 'Giving is a deed that is enjoyed twice, first by the giver who rejoices in the pleasure of giving and then by the receiver.

So, one should never refrain from serving the mankind because it is not only with our hands alone but with our hearts and souls, we can bless the lives of others'. Going the extra mile aids us in overcoming our selfishness and makes us charitable.

***Sr Helima BS, Principal
St Theresa's Convent Sr Sec School, Karnal***

A Memorable Visit to Holy Land by Josephites, Sagar



Indeed it was a thrilling experience to 50 Students, and to 5 teachers of St Joseph's Kannada Hr Pry School. Sagar, to visit the Holy land-Mangalore where the Bethany Congregation and Bethany Educational Society was founded by the Servant of God, Raymond Francis Camillus Mascarenhas.

Many are called but few are chosen. It was true in case. We were able to walk on the soil on which the holy man, the Servant of God R F C Mascarenhas walked, we were privileged to see and touch the things used by him.

We remain grateful to our headmistress Sr Molly, who gave us this opportunity, to Sr Mariette the Secretary, BES and Sr Lilitta the General Councilor who welcomed us warmly and spent their precious time with us. Sr Rita Rebello explained to us in detail about the Servant of God and the spiritual heritage of the institution, the chapel and the church built by him, in Bendur.

We earnestly pray that the Lord raises our beloved Father to the honours of the altar!

***Staff & Students
St Joseph's Kan HPS, Sagar***

Indeed It's Splendid



It was a great day in the life of Disha Y S of Class V of St Joseph's Hr Pry Eng. Med. School, Sagar, who attended the International Abacus Competition at Kuala Lumpur in Malaysia on 31.07.2016. She is the daughter of Mr Santosh and Mrs Bhargavi from Sagar. She was trained by Mr Maruthi H and Mrs Vidya M of Prajwal Abacus Center,

Sagar. Students under 14 were given to answer a number of questions in Mathematical calculations and she was able to compete with the students of other nations and has secured II place in the competition. It was a great honour to receive the prize from Mr Stephen Tan. Director Play Abacus SDN BHD, Malaysia. Hats Off Disha Y.S. who has brought credit to India as well to Karnataka and specially to Sagar and to St Joseph's Hr Pry English Medium School, Sagar. She was honoured and applauded specially by the headmistress Sr Simon, staff and the students.

Another feather on the cap of the students of St Joseph's Hr Pry Eng. Med. School, Sagar, of Prajwal Abacus Center Sagar who participated in the Inter District Level competition on Mental Arithmetic at Shivamogga on 14 August 2016. Out of 39 students, our school secured several



prizes. 04 students secured I place; 16 - II place, 08- III place and 11 secured consolation prizes. 29 students participated at the State level competition held in Bangalore on 23 October. 3 students secured first place, 10 students secured second place and 16 of them got third place. The Headmistress, staff and students congratulate the winners and wish them good luck for the forth coming competitions.



'I am not less than anyone else' says Deemanth K A of IV 'A' and Samarth R of II 'B' of St Joseph's Hr Pry Eng. Med. School, Sagar, who gave Street Dance programme in Chintu TV. They were happy to present their talents. The staff and students along with their parents applaud their performance and

wish them well in the future dance programmes.

Sports:

Students of St Joseph's Hr Pry Eng. Med School, Sagar, took part at the Zonal and Taluk level sports and secured championship. At the district level both Boys and Girls took part in the Tenni Coit, and Short Put. We are proud of Bhoomika G of class VII and congratulate her for bagging 2nd prize in Short Put event at the District level held at Shivamogga.



**Headmistress & Staff
St Joseph's EHPS, Sagar**

ಯೋಗಾಸನ ಸ್ಪರ್ಧೆ - ಲಿಟ್ಲ್ ಫ್ಲವರ್ ವಿದ್ಯಾರ್ಥಿಗಳು ರಾಜ್ಯಮಟ್ಟಕ್ಕೆ ಆಯ್ಕೆ

ಸಾರ್ವಜನಿಕ ಶಿಕ್ಷಣ ಇಲಾಖೆಯ ವತಿಯಿಂದ ಮೈಸೂರಿನಲ್ಲಿ ನಡೆದ ವಿಭಾಗೀಯ ಮಟ್ಟದ ಯೋಗಾಸನ ಸ್ಪರ್ಧೆಯ, 14 ರ ವಯೋಮಿತಿ ಬಾಲಕೀಯರ ವಿಭಾಗದಲ್ಲಿ ದಕ್ಷಿಣ ಕನ್ನಡ ಜಿಲ್ಲೆಯನ್ನು ಪ್ರತಿನಿಧಿಸಿದ ಲಿಟ್ಲ್ ಫ್ಲವರ್ ಹಿರಿಯ ಪ್ರಾಥಮಿಕ ಶಾಲೆ, ಕಿನ್ನಿಗೋಳಿಯ ನಾಲ್ವರು ವಿದ್ಯಾರ್ಥಿನಿಯರಾದ ಅಂಜಲಿ ಚವ್ವಾಣ್, ಶ್ರೇಯಾ, ಮೋಕ್ಷಾ ಎನ್. ಅಮೀನ್, ನಂದಿನಿ ಜೆ. ಕೋಟ್ನಾನ್ ಪ್ರಶಸ್ತಿಯನ್ನು ಪಡೆದು ತಂಡ ಪ್ರಶಸ್ತಿಯನ್ನು ತಮ್ಮದಾಗಿಸಿಕೊಂಡಿದ್ದಾರೆ. ಯೋಗ ಗುರು ಶ್ರೀ ಹರಿರಾಜ್‌ರವರಿಂದ ಇವರು ಯೋಗ ತರಬೇತಿಯನ್ನು ಪಡೆಯುತ್ತಿದ್ದಾರೆ.

**The Headmistress
Little Flower HPS, Kinnigoli**



Rural Talents Exhibited at the National Level

Sports – Talents Hub

The College nurtured the students with Sports talent. They have begun to shine at the National Level.

Kabaddi: National Level



Pre-University Education Board conducted State level Kabaddi Match at Haveri. Jyothi PU College girls their exhibited outstanding performance and

Rachana, student of II PUC Arts is selected for National Level Kabaddi team. Kudos to her.



Foot Ball Team: State Level



In the Foot Ball Match Jyothi PU College Girls secured first place at Taluk and District Level. Later they participated, played and performed well at State level too.

Yoga: State Level

Our students who performed well at the District Level in the Yoga Competition are selected for the State Level. It will be held in Bellary.



Hand Ball: State Level

At the District level, our students were Runners up in the hand ball; they are selected to play at the State level.



Congratulations to all the National Level and State Level participants and to Chetan Kumar P our PET and Mr Ramesh Suvarna who trained them.

**Sr Anitha Lydia BS, Principal
Jyothi PU College, Ajekar**

'We are Teachers not by Chance but by Choice'



"Not being a sage on the stage but a guide at the side of the students".

Sr Oliva the Provincial Councilor and Education Coordinator of Eastern Province, gave a clarion call at the inaugural speech to walk the walk with the students as Educators in transforming the society.

We the eighty participants including sisters from different schools of Eastern Province and teachers of St Vincent's Convent School, Berhampur, Odisha assembled in the morning at St Vincent's School hall, on 16 November 2016. The resource person, Mr Shirish P Sebastian began his session with the word "Be the Change". We as elders grew up with Parley G but today's generation grows up with 3G and 4G therefore we need to remember the story of the cap seller – "Monkey does what monkey sees", in this noble profession. We are called to maintain our halo where students, parents and people outside look up for imitation. Our dress code is going to be Smile and this Magic will bring down the stress and enhance 'U'stress spreading Joy and Peace. As Educators we can't afford to miss out the ingredients to boost ourselves with –KEY that 'Knowledge Empowers You to Empower'.



If you want to be happy for a day take a nap.

If you want to be happy for a week go for a picnic.

If you want to be happy for a month then go for a vacation.

Awaking on Cyber Crime

Technology has invaded all the domains of the earth changing the harmony of man with nature. The present generation is highly infatuated by the onset of Information Technology without realizing the consequences of the overuse and misuse of the various devices. It is the dire need of the hour to sensitize adolescent and adults towards the detrimental effects of Cyber addictions. In this regard Sr Helima the Principal of the school took an eager initiative in collaboration with JCI Club Karnal to invite Mr Rakshit Tandon, Cyber Security expert of India and Advisor of Cyber Crime Unit, UP Police, to deliver a meaningful talk to the afflicted minds, the students.

Mr Rakshit covered most of the operations involved in social networking right from switching on the devices till putting them off safely. He also made every one aware of Internet protocol, ethical and unethical hacking, matters that lead to Cyber Crime. He emphasized upon the limited use of the mobile phones and internet and advised students to abstain from the sites that pollute and disturb their minds. Girls were given special message not to tolerate any

And if you want to be happy forever then love what you do'.

As teachers we need to be creative, effective and possess the ability to motivate students to achieve the common good. What matters is how we see ourselves to create a lasting impression, keeping in mind the 3Vs - Vocal, Verbal, Visual. To do this we need to be conscious of our calling as teachers not by chance but by choice

Sr Luciana BS
Stella Maris Convent School, Sultanpur



indecent remarks by anyone; instead to report it to trusted family or friends so that legal action can be taken. The most important part of the session was curious interaction of all the students from VI to XI. They found it very appropriate and fruitful. He also imparted a lot of information related to fake accounts, their implications and safe measures to avoid or delete them. He touched the chord of the teenagers with his unique sense of humour and discussed about grave matters too. On the whole, the seminar proved to be a great investment of time and knowledge.

Sr Helima BS
St Theresa's Sen. Sec. School, Karnal

Congratulations!



Master Abhishek K Shetty from Class 7 of Bethany Eng Med Hr Pry School, Mulki, bagged first place in Shot-Put, second place in discus throw and 100 metres at the District level. He participated at the State Level Athletics held at Bagalkote and won second place in relay race. Congratulations to Master Abhishek, a glowing star of Bethany, Mulki.

Sr Anitha Tressy BS, Headmistress,
Bethany EMHPS, Mulki

Marathon Race- 'Say No to Drugs'



The venerable Uktara Bethany College organized a Marathon Race as its College Week activity. But the second edition of this year's Marathon was a special affair because alike any other races it carried a message with it 'say No to Drugs.'

The event was attended by D.C. In Charge Shri B. Talukdar, SDO, SDR and General Secretary of ANAYA, Shri Rajana Manpoong as Chief Guest and guest of honours respectively. The Chief Guest in his speech urged the students to adopt healthier lifestyle and avoid harmful activities to health problems.

The race took off from the Minister Market Namsai after an official flag off by D.C. in Charge on behalf of the local MLA Shri Zingnu Namchom and concluded at the College Campus. At the closing note, the Guest of Honour Shri. Rajana Manpoong, the General Secretary of ANAYA - alerted the students about the hazards of drugs abuse and appealed to them to refrain from such harmful practices. Later the students voluntarily came up with the

spontaneous speeches and the slogans in their own local languages creating awareness among the students body to live and sustain life by saying 'No to Drugs'. They vowed never to take drugs in life and also stop others from taking them.

The programme concluded with an announcement of the winners of Marathon Race, making captions and extempore speech contest on the theme. This event was one of its kinds because of the voluntary involvement of the College youth in organizing it with a sense of



purpose and responsibility for the society and for themselves. They unanimously sent a very strong message to the society that youth are not going to fall a prey to drugs.

**Mr Shamlem Ronrang, Assistant Professor
VU Bethany College, Manmow, AP**

Thanks – Mr. G. G Fernandes and Mr J. J Gonsalves



We are called to cherish the past, live the present, build the future.

December 17: It was indeed a very auspicious day as we celebrated the day of very special persons who lit the world with thoughtfulness, values, commitment and responsibility. The 41 long years of dedicated service of our non teaching staff Mr G. G. Fernandes – the Attender and Mr J. J. Gonsalves, Peon cum Watchman, was recognized and appreciated by honouring them with a warm, heart touching ceremony by Sr Lavina BS the Headmistress, teachers and students of St Joseph's High School. The response of the retirees was very moving as they were overwhelmed with love and gratitude for the Institution and the Management.

**Headmistress & Staff
St Joseph's Orp HS Santibastwad, Belagavi**

Joy of Giving Week - 2016 December



Giving is the master key to success in all applications of human life. For it is in giving that we receive. Christmas is the spirit of giving without a thought of getting back. It is happiness because we

see joy in people. It is forgetting self and finding time for others. It is discarding the meaningless precious and stressing on true values. The students of St Theresa's School, Bendur conducted 'Joy of Giving Week' and donated the articles collected like stationary, medicines, toiletries etc and they shared those items with the inmates of 13 centers in and around Mangalore spreading the true spirit of Christmas. The students experienced joy in

giving joy to others and were able to get happiness through their service to the people in need. They felt that giving time, money, energy and care are greater gift than maternal gift.



**The Principal,
St Theresa's School, Bendur, Mangalore**

Colourful Annual Prize Distribution Day



Jyothi English Medium High School, Kacharakanahalli, Bengaluru had their "Annual Prize Distribution Day" on 06.12.2016 in the ground of Jyothi School Campus. Sr Leena D' Costa the Correspondent of the school, Director of Jyothi Social Work Centre and Superior of Jyothi Nilaya was the Honourable

President, Sri Vardhaman K Yoga Teacher, Scouts & Guides Secretary Bengaluru North Range and an eminent Social Worker was the Chief Guest, Mrs Roopa Vinod, the Ex Lecturer of Business Studies at Jyothi Composite P U College Kacharakanahalli was the Guest of Honour. Rev Sisters, teachers and students of all the institutions at Jyothi Campus and parents were present to enjoy and witness the function.

The Programme commenced with a prayer dance. The love for the State was depicted by a dance "Hachevu Kannadada Deepa". The little boys and girls of VI and VII Std attracted every one's attention by aerobic dance. The rhythmic music and the sound of the Dumbbells and steps of Hoops exercises for the Patriotic song kept all

in silence and admiration. Colourful Saree dance with different formations with Bharath Matha and National symbols reminded all the spectators to love their country India. The young and energetic boys exhibited their talents by various formations of pyramids.

Thanks to Sr Suguna, our young and talented Physical Education Teacher and the band of teachers for their innovative and creative programme. Everyone was appreciative of the wonderful performance.

Various activities conducted during the year, winners and runners up in sports, topper in SSLC Exam 2015-16, toppers in each subject in SSLC 2015-16, toppers in Catechism Exam 2015-16, General Proficiency for the year 2016-17, Children's Day lucky game winners and cabinet members were awarded with trophies and medals. Students were extremely happy.

The President and the Guests appreciated the performance of the students. The Guest of Honour exhorted the students to follow four P's in life - Prepare, Practice, Persevere and Pray. The Headmistress Sr Jeevan unfolded the report of the academic year, Mrs Yuvarani Mary J accorded a warm welcome for all and Sri Louis expressed his gratitude for the wonderful day. Jai Christa!!!!

**Sr Jeevan BS, Headmistress
Jyothi EHS, Kacharakanahally**

Bethanites – Hold on.... Move on....



An orientation programme on the theme “Bethany Educational Society's Vision, Goal and Core Values” was held on 5th and 6th of October 2016 for the first semester students of Venerable Uktara Bethany College, Manmow, Namsai, Arunachal Pradesh conducted by Sr Edleburgh BS, the Education Co-ordinator of Bethany North East Province.

The core values of BES were presented through power points and appropriate clippings. The concepts of values like compassion, love and respect for different religions and cultures, forgiveness, and the sense of belongingness were brought home to us through group discussion, role plays and demonstrations. In a world where depression, loneliness and erosion of values lead to drug abuse and suicidal behaviour, it is important to understand the value of life and treat it as a gift of God.

The students also learnt the importance of unity, team work and to respect each other's point of view and individual's unique talents. The issues like anger management and mood swings which are very much prevalent in the youth were also dealt with and the ways to tackle them.

The programme aimed at nurturing the all round development of the students and to enable them to make good choices in life and be a responsible citizen of the country by living a value based life.

Sr Angelina Pao BS from the Commerce Department voiced out her sentiments of



gratitude to Sr Edleburgh BS for her rich educational training given to the young Bethanites 'to Hold on and to Move on' with the spirit of BES.

*Sapetr Ronya, First Semester –Humanities
VU Bethany College, Manmow, AP*

A Ray of Hope



The day dawned with the sparkles of God's grace and the aroma of compassionate love. We, the teachers along with a few students, Principal Sr Irene and Vice Principal Sr Luciana, visited the women cell of the district Jail. It was an unforgettable experience.

Life at its extreme could be witnessed in a prison. The faces were emotionless, actions mechanical, thoughts chained and identities in question mark. The high boundaries, thick walls, heavy gates separated or isolated their lives from the outer world. Our presence glittered with hope the faces of women captives. It was an unusual day

in their monotonous life. The little Stellites put up a colourful, musical, cultural programme and a skit depicting values. The little gifts that we carried added delight to them. Our interactions, loving smiles and soothing words of encouragement eased their hearts. It was just a moment to bring a smile on their gloomy faces and to make them feel that there is someone for them. They shared their misery and misfortunes with us. Listening to their stories, we realized that a few of them are really innocent were put behind bars due to the non-availability of evidences. Our hearts melted for them. Of course we cannot do much for them but we can make them feel that they are a part of our society.

When it was time to part, the women captives held our hands and inquired eagerly us about our next visit. Tears rolled down our eyes and we promised to visit them again. We were moved to compassion... They were moved to be grateful.

*Preeti Khatri, Teacher
Stella Maris Convent School, Sultanpur*

Exhibition on the Health Benefits of Pulses



On 15 August 2016, the 70th Independence Day of our country was celebrated with colorful programme in Bethany School, East Champamura, Old Agartala. On this beautiful occasion an exhibition on the Health benefits of pulses was organized to mark the International Year of Pulses. Sr Lucious BS the Provincial Councilor was the Chief Guest and Sr Alice BS

the Superior of Holy Cross Convent Agartala was the Guest of Honour. Sr Lucious in her speech emphasized on healthy eating habits which need to be developed in early childhood so that future generation remains healthy and happy combating various health problems in the years ahead. The students and teachers along with the Headmistress Sr Sapna took lot of trouble to organize the cultural programme as well as the Exhibition. The students took active part in the cultural programme as well as in the exhibition. A good number of parents and neighbours people were present for the same. On 13 August 2016 Fancy Dress competition was also organized. Many students took part in the fancy dress competition, depicting the national leaders who sacrificed their "yesterday for our tomorrow".

Sr Susmitha BS
Bethany School, Khayerpur

GOOD NEWS

Bethany Educational Society has updated its website and has named it as **www.besadmin.org**. Kindly view it from time to time and send news/articles/painting/programmes/photos/regularly to our id **adminhq@besmangalore.org**. Stay updated / Remain connected.



Wish you a Joyous Christmas and a happy new year 2017

The President, Secretary and The Management of Bethany Educational Society ® Mangalore.

If not delivered please return to

Bethany Educational Society (R)
Bethany Convent,
Bendur, Mangalore - 575 002
Karnataka, India

To _____
