



Newsletter of the Bethany Educational Society ® Mangalore

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Editorial

Dear Friends,

With the onset of another academic year, a new journey begins. Everyone is excited of the new steps and new strides. The students, especially the new entrants along with their parents enter into the portals of our institutions with great joy and boundless prospects. They look forward expectantly for an abode of learning and peaceful habitat for interactions in our campus. Certainly, they search eagerly for new knowledge but at the same time, for something beyond, uplifting, transcendent and sublime. It is the responsibility of every teacher to fulfil the dreams and aspirations of their wards, expressed or unexpressed. Therefore gird yourself my dear teachers with the armour of God and touch the lives of your students having been touched by the Divine first. Fulfil the aim of education diligently and keep yourself open to be guided by God's Spirit amidst myriads of challenges. Continue to remind yourself that education is the knowledge, not of facts but values. It is to inculcate in them a sense of humanism, sense of well being of others, nation and the cosmos. It is to ingrain in them universal brotherhood and sisterhood. It is to teach them to shun courageously erroneous doctrines and false ideologies. It is to awaken in them a sense of responsibility to promote life.

You and I live in a world of rapid changes. The biggest change that we encounter today is the media revolution and our wards cannot live without it - be it electronic, print or social. Media is their world, their food, breath and life. If on one side it teaches them valuable lessons and broadens their horizon, on the other, it exposes them to what is dangerous, hazardous and risky. It makes them watch violence, animosity, hatred, rivalry, discrimination etc. Unconsciously they are dragged into it; consequently get confused with what is right and wrong, what is good and bad; in other words, get puzzled with morality, values and ethics. At this juncture, they look for a mentor to guide them and tell them what is lasting, what gives them moral standing. Remember that the fertile ground for cultivation of values, of morality and ethics is a classroom. This is the productive place to produce men and women of value and character, integrity and veracity.

Unto this fiery mission, you the heads of the institutions and teachers are chosen as the ambassadors of God. May God be with you as you journey through the year 2018-19 to achieve the aim of education. Begin with God and the rest will be taken care!

Invoking God's blessings on you.

Sr Mariette BS
Secretary, BES, Mangalore

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Board*



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A Span of Miscellany



An Emotional Send-off:

The Sacred Heart family witnessed turbulent feelings as they bid farewell to the dedicated office staff Mrs Jacintha Paul after the completion of 20 years of diligent and devoted services. The cabinet members staged array of programmes including meaningful skit, musical band and dances. Sr Reshmi the Principal extended her gratitude by presenting a memento of appreciation for her service to the institution.

Voice raised for Women Safety:

A large number of students nearly 2000 from classes VI to XII along with school staff and parents participated in the Peace March starting from the school gate to Sarabha Nagar market. The rally was organized to sensitize the natives towards the perils associated with women's safety and deterioration of moral values. Students participated with a great zeal that was shown through speeches, posters, pamphlets and slogans raised enroute.



Exploring Talent

Abiding by the value of exploring each one's unique potentials the school organized Talent Hunt 2018 on 5 May 2018 for classes VI to XII under three categories as follows

Category	Class	Events
I	VI - VII	22
II	VIII - X	23
III	XI - XII	9

The competition had great variety as the students exhibited their multiple

talents. The individuals were judged by the experts in various genre and skills. Winners were awarded and appreciated with certificates.

Sr Reshmi, Principal
Sacred Heart Convent School, Ludhiana



Well done students!



students. Such victory is very unusual for any school in the vicinity. Since its infancy Bethany EM High School has been shining and the current results is an added feather on the cap. Hearty congratulations dear students and teachers! A word of thanks to the Management at all

29 April 2018 was a moment of honour to the students, teachers and parents of Bethany EM High School, Uppudi as the SSLC results were published by the Andhra Pradesh Government. The students brought laurels to their institution and came out with flying colours securing 100% result with 7 distinctions and 2 first class out of 9

levels, cooperation of the parents and to the committed band of teachers. The Local Manager Sr Nirmala Mary and the community are a driving force behind all these great achievements. Thanks to them as well.

Sr Deena John BS, Headmistress
Bethany Eng School, Uppudi

III Bethany Champions' Meet

The third Bethany Champions Meet of North East Province was held at Bethany Provincial House, Guwahati, from 13 to 15 April 2018. 77 Champions from 15 units participated in the event. This mega event was organized by Sr Joy BS, the Corporate Manager and Sr Edleburgh BS, the Province Coordinator for Education and Youth.

The Corporate Manager in her keynote address exhorted the Champions to be transformed into responsible youth leaders and soar high on the wings of excellence. The theme of the Meet was "Youth the Hope of the Nation" with a main focus on "Church Vision to Empower Youth to join present day

Governance and Administration for Nation Building." It was conducted by Mr L Bernard, Academic Director and Chief Mentor of INSIGHT IAS. The climax of the day was the Taize Prayer



directed by Sr Edleburgh and Miss Anita Tirkey. The Meet came to an end with an action plan.

Sr Vandana BS and Sr Reena Edel Pinto BS
Bethany North East Province

Congratulations to the Rising Star!



Miss Lianna Furtado of Class VII of Bethany English Medium Hr Pry School, Kilpady, Mulki won 7th Rank at the International Competition Wiz National SPELL BEE 2017-18 held at Vidyadayinee English Medium School, Suratkal. Great achievement. Rise higher little star!

Sr Anitha Tressy, Headmistress
Bethany Eng Hr Pry School, Kilpady, Mulki



Golden Feather to St Maria Goretti's School

Master Eric Lalchhanhima of class II took part in the 21st Mizoram official Taekwondo Championship 2018 under 21 KG held at Aizawl from 9 to 13 April 2018 and won the Gold Medal. He is selected to participate at the National level which will be held in Bhutan. Hats off to the twinkling star of St Maria Goretti's School. May he continue to shine as a golden star and crown of this great institution.

Mr KC Tonny, Asst Teacher

St Maria Goretti's School, Kolasib, Mizoram



A Candle for the Other



Having reached the pinnacle of a teaching career Mrs Concepta Hilda D'Sa got retired from her active ministry of teaching on 4 April 2018 and opened a new chapter of her life. The programme which was organized in her honour highlighted 40

years of her dedicated service to the Institution. Sr Mariola the Education Coordinator of Mangalore Province presided over the farewell function. Sr Divina the Correspondent, Sr Nandita the Superior, Rev Fr Xavier Gomes the parish priest, Mr Prathvish, Mr Jovin, Sr Gracy Monica the Headmistress and the PTA Vice President, graced the occasion. They hailed her life of love and sacrifice and applauded her meritorious services with great commitment. She was truly a loyal and committed teacher, loved by all students, staff and parents. Her values and virtues are a great inspiration for students. May her days of rest and relaxation bring much cheer and joy.

Sr Gracy Monica BS, Headmistress

Madeleine Hr Pry School, Mulki

ಶಾಲಾ ಪ್ರಾರಂಭೋತ್ಸವ

29.05.2018 ರಂದು ನಮ್ಮ ಶಾಲೆಯಲ್ಲಿ ಶಾಲಾ ಪ್ರಾರಂಭೋತ್ಸವ ಕಾರ್ಯಕ್ರಮವನ್ನು ಹಮ್ಮಿಕೊಳ್ಳಲಾಯಿತು. ವಿದ್ಯಾರ್ಥಿಗಳು ಬೇಸಿಗೆ ರಜೆಯನ್ನು ಮುಗಿಸಿಕೊಂಡು ಮತ್ತೆ ಅತ್ಯಂತ ಸಂತಸ ಸಡಗರದಿಂದ ಮರಳಿ ಶಾಲೆಗೆ ಬಂದರು.

ಮುಖ್ಯೋಪಾಧ್ಯಾಯನಿಯರು ಹಾಗೂ ಶಿಕ್ಷಕರು ಮಕ್ಕಳನ್ನು ಶಾಲೆಗೆ ಸ್ವಾಗತಿಸಲು ಅತ್ಯಂತ ಸಡಗರದಿಂದ ಶಾಲಾ ತರಗತಿ ಕೋಣೆಗಳನ್ನು ಅಲಂಕರಿಸಿದ್ದರು. ಶಾಲಾ ಅಲಂಕಾರವನ್ನು ನೋಡಿ ಹೊಸ ಹುರುಪಿನಿಂದ ಹೊಸ ತರಗತಿಗಳಿಗೆ ಪ್ರವೇಶಿಸಿದರು. ಆ ಪ್ರಯುಕ್ತ ಎಲ್ಲಾ ಮಕ್ಕಳಿಗೆ ಸಿಹಿ ತಿಂಡಿ ನೀಡಿ ಹೊಸ ಶಾಲಾ ವರ್ಷಕ್ಕೆ ಸ್ವಾಗತಿಸಲಾಯಿತು.

Sr Kavitha BS, Headmistress

Bethany High School, Chittapur





Plant a Tree – Plant New Life

Plant a tree - plant new life; Each one plant one – these were the slogans of the students of St Joseph's High School, K R Nagar on 5th June while celebrating “World Environment Day”. Filled with zeal and enthusiasm to save Mother Earth, the students planted saplings. Sr Betty the Headmistress accompanied by teachers participated in the plantation process. She exhorted the students on the importance of planting trees and how it benefits the environment.

Mrs Veena, Asst Teacher
St Joseph's High School, K R Nagar



World Environment Day was celebrated at St Joseph's Orph. High School, Santibastwad on 5th June. The newly appointed Correspondent Sr Theresia was accorded a welcome by Sr Lavina the Headmistress and the Staff, along with Sr Jason the Primary School Headmistress. Thereafter students brought awareness on the protection of Nature through speeches and songs. At the end, the students planted saplings in the campus.

Mrs Neelam Jadhav, Asst Teacher
St Joseph's Orph. High School, Santibastwad



Presentation Girls' High School, Dharwad marked the World Environment Day on 5th June by gifting a plant to Sr Sally BS the Headmistress. The students delivered speeches on importance of the day and spoke elaborately on the theme of the year - Beat Plastic Pollution. It was followed by the planting of saplings in the pots by the staff and students. The programme was conducted by “Spoorti Eco-Science Club”. Kudos to them.

Shailashree M, Asst Teacher
Presentation Girls' High School, Dharwad



The students of Stella Maris Convent School (Primary section) enthusiastically participated in the activity of “PLANT SAPLINGS” on 20 April 2018 marking “The Earth Day”. They brought small saplings to the school and took great delight in planting and watering them. The honourable Headmistress Sr Agnelita helped the students in the planting process. This activity connected the students to the 'Mother Earth' and made them wonder at the beauty of flora, fauna, landscape etc. The students went home motivated to save, love and respect nature everywhere and all the time.

Mrs Geeta Joshi, Asst Teacher
Stella Maris Convent School, Sulthanpur





ದಿ.05.06.2018 ರಂದು ಬೆಂಗಳೂರಿನಲ್ಲಿ ವಿಶ್ವ ಪರಿಸರ ದಿನವನ್ನು ಆಚರಿಸಲಾಯಿತು. ಈ ಕಾರ್ಯಕ್ರಮದ ಅಧ್ಯಕ್ಷತೆಯನ್ನು ಶಾಲಾ ಸಂಚಾಲಕಿಯವರಾದ ಸಿ. ಸೆಲಿನ್ ರವರು ವಹಿಸಿಕೊಂಡಿದ್ದರು. ಮುಖ್ಯ ಅತಿಥಿಗಳಾಗಿ ಶ್ರೀಯುತ ಮಲ್ಲಿಕಾರ್ಜುನ ಮುಡಬೂಳಕರ್, ಶ್ರೀಯುತ ಶರಣಗೌಡ ಪಾಡೀಲ, ಬಸವರಾಜ ಬೊಮ್ಮನಳ್ಳಿ ಹಾಗೂ ಶ್ರೀಮತಿ ಪ್ರಭಾವತಿ ಆಗಮಿಸಿದ್ದರು.

ಕಾರ್ಯಕ್ರಮವನ್ನು ಪ್ರಾರಂಭಿಸಿದ ಗೀತೆಯೊಂದಿಗೆ ಪ್ರಾರಂಭಿಸಲಾಯಿತು. ಸಿ. ಸೆಲಿನ್ ರವರು ವಂದಿಸಿ ಕಾರ್ಯಕ್ರಮವನ್ನು ಉದ್ಘಾಟಿಸಲಾಯಿತು. ಸಿ. ಸೆಲಿನ್ ರವರು ಪರಿಸರ ದಿನಾಚರಣೆಯನ್ನು ಕುರಿತು ಮಾತನಾಡಿದರು. ಇಂದಿನ ದಿನದಲ್ಲಿ ಪರಿಸರ ಎಷ್ಟು ಮಾಲಿನ್ಯವಾಗಿದೆ. ಇದರಿಂದ ಮಾನವನು ಹಲವಾರು ಸಮಸ್ಯೆಗಳನ್ನು ಎದುರಿಸುತ್ತಿದ್ದಾನೆ. ಅದಕ್ಕಾಗಿ ಪರಿಸರವನ್ನು ಸಂರಕ್ಷಣೆ ಮಾಡುವುದು ಪ್ರತಿಯೊಬ್ಬರ ಕರ್ತವ್ಯವಾಗಿದೆ ಎಂಬ ಸಂದೇಶವನ್ನಿತ್ತರು. ಮಕ್ಕಳು ಪರಿಸರ ಜಾಗೃತಿಯನ್ನು ಕುರಿತು ಚಿಕ್ಕ ನಾಟಕವನ್ನು ಪ್ರದರ್ಶಿಸಿದರು. ಕೊನೆಗೆ ಅತಿಥಿಗಳು, ಶಿಕ್ಷಕರು,



ವಿದ್ಯಾರ್ಥಿಗಳು ಶಾಲಾ ಆವರಣದಲ್ಲಿ ಹಲವು ಸಸಿಗಳನ್ನು ನೆಡುವುದರ ಮೂಲಕ ಅರ್ಥಪೂರ್ಣವಾಗಿ ವಿಶ್ವ ಪರಿಸರ ದಿನಾಚರಣೆಯನ್ನು ಆಚರಿಸಲಾಯಿತು.

ಶ್ರೀಯುತ ವಿಶ್ವನಾಥ ಕುಂಬಾರ
ಬೆಂಗಳೂರಿನಲ್ಲಿ, ಚಿತ್ತಾಪೂರ



As a part of the Environment Day, a rally was organized by the school. Towards saving the importance of the day was displayed on the bulletin board. Medicinal plants were planted on this occasion. It was day to celebrate with Nature and make our students aware of the richness of the Mother Earth

Sr Sujata, Headmistress
Ave Maria High School, Sirsi

Teachers towards Higher Motivation

A day's orientation programme was held for the teaching staff of Jyothi and Gulabi institutions in Bangalore. Around 90 teachers participated in the programme guided by Sr Severine a member of the Sisters of St Ann's Providence. The session included talks, audio-visual presentations, interactive sessions, group activity, discussions etc. She also dealt on counselling and taking care of children. Her life experience in dealing with youth and

children was a great inspiration. The teachers were enriched by her sessions and were motivated to start afresh the academic year 2018-19. Having had a fruitful day, Sr Susan, the Province Coordinator for Education thanked profusely the resource person.

Sr Dona Therese, Asst Teacher
Jyothi PU College Bangalore





New Abode for Learning

Another flower bloomed in the garden of our Lady – Rosa Mystica on 2nd June 2018. The flower was nothing but a new abode for learning for the students of Bethany Primary School, Kinnikambla inaugurated by Rev Sr Rose Celine BS, the Superior General of the Congregation of the Sisters of the Little Flower of Bethany and the President of Bethany Educational Society, Mangalore. Rev Fr Antony Lobo, Parish Priest, Our Lady of Pompei Church, Kinnikambla blessed the newly inaugurated building and Rev Sr Cicilia Mendonca BS, the Provincial Superior and Corporate Manager, Mangalore Province unveiled the plaque.



The President appreciated the hard work of the architect, contractor, electricians, supervisors and all the labourers in raising the beautiful edifice to impart knowledge and values. She wished well Sr Concetta the Correspondent, Sr Sylvine the Headmistress, the staff and students who will be benefitting from the magnificent

infrastructure. She also acknowledged God's blessing and miracle of Mary the Mystical Rose along with toil of sisters in particular of Sr Juliana the Superior.

Sr Sylvine Sequeira BS, Headmistress
Bethany Pry School, Kinnikambla

Great Salute to our Teachers!



Sr Tressian BS, Arts and Craft teacher and Mr Ramaraya Shanbhogue, Kannada Language Assistant, got retired from service on March 31 and May 31 respectively. Sr Mariola, Education Coordinator, Mangalore Province presided over the function and Sr Sybil, the Correspondent honoured the teachers on behalf of the Bethany

Educational Society. Mrs Margaret D' Souza, the Vice President of PTA was present on the occasion. Mr Donald A S Lobo, shared his experience as a colleague and wished them well. Students Ancilla Melisha D'Souza and Thamsheera expressed their gratitude towards their teachers.

The retiring teachers shared their experience of life journey and expressed their gratitude towards to the Bethany Management.

Sr Roshni, the Headmistress welcomed the gathering. Sr Jaya proposed vote of thanks. Mr Vincent Menezes compered the programme.

Sr Roshni BS, Headmistress
St Raymond's High School, Vamanjoor



Bethany Convent School Ushamatu



It was the dream of Northern Province before the Eastern Province was carved out to have an English Medium School for the welfare of the Tribal Children in and around Ranchi. A village named Ushamatu 25 km away from the capital city of Ranchi had remained untouched by the missionaries was spotted out when his Eminence Cardinal Telephore P Toppo invited the Bethany Sisters to acquire land at Ushamatu, Ratu Block, Ranchi District in Jharkhand from Mr Anthony Joseph, the proprietor of St Jude's International School. He was running a school and was compelled to close down due to the dispute between him and the villagers. A piece of property was purchased with an old school building which was used as school and residence for the sisters.

The convent and school was blessed and inaugurated on 19 March 2010 on the feast of St Joseph the Father and Protector of Bethany. The words of encouragement, advice and appreciation of his Eminence Cardinal Tolesphore P Toppo

boosted the morale of the sisters to begin their mission with much courage and enthusiasm. Sr Maria Nancy the Superior and Principal, Sr Alka Bindu and Sr Monthie Anita were the pioneers. They did the spade work by visiting the villagers, meeting people and motivating them to educate their children. Initially by visiting families the people were befriended by the sisters. Seeing the sisters running a school in their vicinity, many parents came forward to admit their children at Bethany Convent School, Ushamatu.

People of Ushamatu and surrounding villages were happy and grateful for the opportunity they



had to educate their children in English Medium School run by the sisters. Here we remember the tireless work of Sr Nora BS who took great trouble to negotiate and purchase the land.

On 7 December 2013 the new school building was inaugurated by Sr Wilberta, the then Superior General and was blessed by His Eminence Cardinal Telephore P Toppo.

Since then the school is making steady progress in number and in academic excellence. At present there are 618 students up to Std IX out of which 338 are boys and 280 are girls. They come from 27 villages belonging either to middle class or still poorer.





Bus facilities are provided for those students who come from distant places. All possible efforts are made by the Management to maintain the standard of the school by appointing trained and qualified teachers and by providing remedial classes to the slow learners. At present the school has 20 qualified teaching staff and 5 non-teaching staff.

The school obtained NOC from Jharkhand State on 12 July 2017 with the persistent efforts of Sr Savina Nanda BS, the Principal. It is in the process of getting affiliated to the ICSE Board, New Delhi. Though in the village set-up, the school offers all facilities to achieve high academic standard through curricular and extracurricular activities and sports. Various competitions are also conducted to bring out the talents of students.

The school thrived under the leadership of Sr Maria Nancy BS from 2010-2016 and Sr Savina Nanda BS from 2016 onwards. Though many hurdles were on the way, by the grace of God the mission is being carried out with faith and trust in the Lord.

Hostel Ministry: In keeping with the charism of our founder, Bethany Tribal Home was opened in the year 2012 with four girls. The hostel is in view to offer educational facilities to the economically poor girls from far off villages. At present there are 29 girls in the hostel. A proper hostel building with required facilities is yet to be constructed. Some of them are sponsored and others are subsidized. Their physical, spiritual, material and psychological needs are taken care of by Sr Beena John, the Warden assisted by Sr Seema. They are committed to the care of children.



Bethany Convent, Ushamathu: There are 5 sisters namely Sr Madhu Kerketta, the Superior, Sr Savina Nanda, Sr Beena John, Sr Seema and Sr Sylvi. All of them are involved in the educational apostolate. They are always ready to render assistance to students and parents, giving a human touch to everyone who enters the campus. God is their strength in times of difficulties, especially in carrying forward the vision of the servant of God RFC Mascarenhas.

Sr Savina Nanda BS, Principal
*Bethany Convent School Ushamatu,
Ranchi*





International Yoga Day

*"Yoga is a light
Which once lit will never dim
The better you practice
The brighter your flame"*

To spread the light of Yoga and to brighten its flame in the young minds, Msgr Raymond Memorial School, Chempanoda celebrated the International Yoga day at a function held at the school auditorium on 21st June 2018 keeping up the theme "Yoga for Peace". The main aim was to raise awareness and ignite passion for fitness yoga among students. During the special session organized, Ayurvedic Dr Anu from Chempanoda highlighted the importance of practicing Yoga for dispelling the stress, tensions and fear faced by the students in the present scenario. The day also witnessed mass yoga performed by the Principal, Staff and the Students under the guidance of the Yoga



instructor Mr Gopalakrishnan which urged the children to practice yoga that can create overall harmony of body, mind and soul.

Mrs Chitra K Mohandas, Asst Teacher
Msgr Raymond Memorial School,
Chempanoda

ಅಂತರಾಷ್ಟ್ರೀಯ ಯೋಗ ದಿನ



ಉಸಿರಾಟ ಕ್ರಿಯೆಗಳಾದ ಉದರ ಶ್ವಾಸ, ಉರಃಶ್ವಾಸ, ಗ್ರೀವಶ್ವಾಸ, ಪೂರ್ಣ ಶ್ವಾಸ, ಮಾರ್ಜಾಲ ಶ್ವಾಸ, ಶ್ವಾಸಶ್ವಾಸ, ಕಠಿ ಶ್ವಾಸಗಳನ್ನು ಮಾಡಿಸಿ ನಂತರ ಕ್ರಿಯಾತ್ಮಕ ವ್ಯಾಯಾಮಗಳಾದ ಸಂಧಿ ವ್ಯಾಯಾಮಗಳು, ಮೋಣಕ್ಕೆ ಮತ್ತು ತೋಳಿನ ವ್ಯಾಯಾಮ, ಕಣ್ಣಿನ ವ್ಯಾಯಾಮ, ಪಾದಂಗುಲಿ, ಪಾದಚಾಲನ, ನಿಂತಲೆಟು ಮಾಡಿಸಿ ಸೂರ್ಯ ನಮಸ್ಕಾರ ಮಾಡಿಸುವ ಮೂಲಕ ಆಸನಗಳನ್ನು ಪ್ರಾರಂಭಿಸಲಾಯಿತು.

ನಿಂತು ಮಾಡುವ ಆಸನಗಳಾದ ತಾಡಾಸನ, ಅರ್ಧಕಠಿಚಕ್ರಾಸನ, ಉತ್ತಿತ್ತಿಕೋನಾಸನ, ವೃಕ್ಷಾಸನ, ವೀರಭದ್ರಾಸನ, ಕುಳಿತು ಮಾಡುವ ಆಸನಗಳಾದ ವಜ್ರಾಸನ, ಪದ್ಮಾಸನ, ಬದ್ಧಕೋನಾಸನ, ವೀರಾಸನ

ಸಂತ ಜೋಸೆಫರ ಪ್ರೌಢಶಾಲೆ, ಕೆ.ಆರ್. ನಗರ ಶಾಲೆಯ ಎಲ್ಲಾ ವಿದ್ಯಾರ್ಥಿಗಳು ಮತ್ತು ಶಿಕ್ಷಕ ವೃಂದದವರು ಅಂತರಾಷ್ಟ್ರೀಯ ಯೋಗ ದಿನಾಚರಣೆಯನ್ನು ಪ್ರಾರ್ಥನೆಯ ಮೂಲಕ ಆರಂಭಿಸಿದರು. ಶಾಲೆಯ ದೈಹಿಕ ಶಿಕ್ಷಕರಾದ ಮಹದೇವ್‌ರವರು ಯೋಗ, ಧ್ಯಾನ, ಪಾಣಾಯಾಮ ಎಂದರೇನು, ಇವುಗಳನ್ನು ಮಾಡಲು ಅನುಸರಿಸಬೇಕಾದ ಕ್ರಮಗಳು ಮತ್ತು ಇವುಗಳಿಂದಾಗುವ ಪ್ರಯೋಜನಗಳನ್ನು ಸವಿಸ್ತಾರವಾಗಿ ಮಕ್ಕಳಿಗೆ ಮನಮುಟ್ಟುವಂತೆ ತಿಳಿಸಿದರು.

ಮಕ್ಕಳೆಲ್ಲರು ಯೋಗ ಮಾಡಲು ಸಿದ್ಧಗೊಂಡು ಮೊದಲಿಗೆ ಪ್ರಾರ್ಥನೆ, ಶಾಂತಿ ಮಂತ್ರ, ಗುರುಸ್ತುತಿ, ಯೋಗ ಮಂತ್ರದೊಂದಿಗೆ ಪ್ರಾರಂಭ ಮಾಡಲಾಯಿತು ನಂತರ

ನಂತರ ಮುಂದೆ ಭಾಗಿ ಮಾಡುವ ಪಶ್ಚಿಮೋತ್ತಾಸನ, ಜಾನೋ ಶಿರ್ಷಾಸನ, ಬೆನ್ನಿನ ಮೇಲೆ ಮಲಗಿ ಮಾಡುವ ಆಸನಗಳಾದ ಮೇರುದಂಡಸನ, ನವಸನ, ಹೊಟ್ಟೆಯ ಮೇಲೆ ಮಲಗಿ ಮಾಡುವ ಆಸನಗಳಾದ, ಭುಜಂಗಾಸನ, ಧರ್ಮ ಆಸನಗಳನ್ನು ಮಾಡಿಸಿ ಶವಾಸನ ಮಾಡಿಸಿ ಶಾಂತಿ ಮಂತ್ರದೊಂದಿಗೆ ಮುಕ್ತಾಯ ಮಾಡಲಾಯಿತು. ಅಂತಿಮವಾಗಿ ಶಾಲೆಯ ಮುಖ್ಯೋಪಾಧ್ಯಾಯಿನಿ ಸಿಸ್ಟರ್ ಬೆಟ್ಟಿ ಡಿ ಕೋಸ್ತರವರು ಮಕ್ಕಳಿಗೆ ಯೋಗ ದಿನ ಒಂದು ದಿನದ ಆಚರಣೆಯಾಗಬಾರದು ಇದನ್ನು ದಿನ ನಿತ್ಯ ತಮ್ಮ ಜೀವನದಲ್ಲಿ ಅಳವಡಿಸಿಕೊಳ್ಳಬೇಕು ಎಂದು ಹಿತವಚನ ನೀಡಿದರು.

ಶ್ರೀ. ಮಹದೇವ್, ದೈಹಿಕ ಶಿಕ್ಷಕರು
ಸಂತಜೋಸೆಫರ ಪ್ರೌಢಶಾಲೆ, ಕೆ.ಆರ್.ನಗರ



ಯೋಗದಿಂದ ರೋಗ ಮುಕ್ತ ಭಾರತ

ದಿನಾಂಕ 23.06.2018 ರಂದು ಬೆಂಗಳೂರಿನಲ್ಲಿ, ಚಿತ್ತಾಪುರದಲ್ಲಿ ಹಮ್ಮಿಕೊಳ್ಳಲಾಗಿದ್ದ ವಿಶ್ವಯೋಗ ದಿನಾಚರಣೆ ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ಮಾತನಾಡಿದ ಮುಖ್ಯ ಗುರುಗಳಾದ ಸಿ. ಕವಿತಾ ಬಿಎಸ್, ಮಕ್ಕಳು ತಮ್ಮ ಪಾಠದ ಜೊತೆ ನಿತ್ಯಯೋಗವನ್ನು ರೂಢಿಸಿಕೊಳ್ಳಬೇಕು. ಶಿಕ್ಷಣವು ಮಕ್ಕಳ ಭವಿಷ್ಯ ರೂಪಿಸಿದರೆ, ಯೋಗವು ಒಳ್ಳೆಯ ಆರೋಗ್ಯ ನೀಡುತ್ತದೆ. ಅದಕ್ಕಾಗಿ ಪ್ರತಿಯೊಬ್ಬರು ತಮ್ಮ ಮನೆಯ ಪರಿಸರವನ್ನು ಹಾಳು ಮಾಡದಂತೆ ಗಿಡಗಳನ್ನು ನೆಟ್ಟು ಇತರರಿಗೂ ಪರಿಸರ ಸಂರಕ್ಷಿಸಲು ತಿಳಿ ಹೇಳಬೇಕು. ಪರಿಸರ ಸಂರಕ್ಷಣೆ ನಮ್ಮೆಲ್ಲರ ಕರ್ತವ್ಯ ಎನ್ನುವುದನ್ನು ನಾವು ಜೀವನದಲ್ಲಿ ಅಳವಡಿಸಿಕೊಂಡು ಪರಿಸರ ಸಂರಕ್ಷಣೆಗೆ ಮುಂದಾಗಬೇಕು ಎಂದು ಸಂದೇಶವನ್ನಿತ್ತರು.

ವಿದ್ಯಾರ್ಥಿಗಳು ಪ್ರತಿದಿನ 30 ನಿಮಿಷದಿಂದ ಒಂದು ಗಂಟೆಯ ಸಮಯವನ್ನು ಪಾಠದ ಜೊತೆ ಯೋಗಕ್ಕಾಗಿ ಮೀಸಲಿಟ್ಟಲ್ಲಿ ಎಲ್ಲಾ ಕಾಯಿಲೆಗಳಿಂದ ಮುಕ್ತಿ ಪಡೆದು ಬುದ್ಧಿ ಚುರುಕಾಗುವುದು ಎಂದು ಹೇಳಿದರು.



Sr Kavitha BS, Headmistress
Bethany High School, Chittapur

Day of Learning



Ave Maria High School, Sirsi in collaboration with Ave Maria Primary School, organized orientation

programme on 'Moral Values' for school teachers on 02 June 2018. Enthusiastic 50 teachers grabbed this opportunity to gain knowledge through activities and inputs.

The commencement of the programme was marked by the innovaction of God's blessings. Sir Kiran accorded warm welcome to Fr Ronald D'Souza, Assistant Parish Priest, Haliyal, the resource person of the day. He dealt on moral values which the teachers should instil in students. Teachers took active part in all activities and returned with home enlightened and enriched.

Sr Sujatha BS, Headmistress
Ave Maria high School, Sirsi

Interactive Session with Parents

The Presentation Girls' High School, Dharwad organized Parents-Teachers meet of SSLC students [English medium] on 22 June 2018 in the School auditorium.

The Chief Guest Mrs Gayatri Hedge, addressed the students and parents. She said, "As children are in their adolescent years, the parents should treat their children as their friend and should spend quality time with them. And students should obey their parents. Thereafter Mr N N Bhat, gave information about SSLC exam pattern and marks distribution. Sr Sally BS, the Headmistress

presided over the programme and instructed students about importance of the year ahead.

The parents-teachers meet was anchored by Mrs Rosemary L. Sir Suveen S Totagi expressed the vote of thanks. Refreshment were served at the end for all.





Annual General Body Meeting 2018

The 17th Annual General Body Meeting of Parent Teacher Association of St Theresa's School was held on 22nd June 2018 at St Sebastian's Platinum Jubilee Auditorium, Bendur. The dignitaries were the Chairperson Sr Mariette BS, The Secretary of Bethany Educational Society and the Correspondent of the school, Mrs Rosa Nimmy Mathew, Professor, Roshni Nilaya, Mangaluru, Sr Leena the Superior of the Bethany Convent, Sr Philomene Saldanha, Principal and PTA President and Mrs Nynette Tellis the PTA Vice President. Sr Shanthi D'Souza the Vice Principal introduced the New Principal Sr Philomene to the gathering. Thereafter the new Principal welcomed the august gathering and thanked the PTA members for their support and co-operation rendered during the past years. It was followed by the address of Sr Mariette exhorting parents to instil the value of humanity in their wards. The resource person Mrs Rosa Nimmy Mathew insisted that parents build a strong bond with their children with personal touch and moral values helping them to transform into healthy adults.

The top scorers of our school were honoured and awarded with mementos. The Top Scorer Vidhula expressed her gratitude to the Alma Mater, the Management and the school faculty. It was followed by the reading of the minutes of previous



meeting by Mrs Gretta D'Souza the PTA Secretary, and the report of the activities of the year 2017-2018. Mrs Jenevive Seema D'Souza presented the Audited Statement of Accounts for the year 2017-2018. Mrs Jasmine Moreira, Mrs Juliet Rodrigues and Mrs Carol Machado conducted the election procedure for the new members of the PTA Executive committee 2018-2019 and Sr Mariette confirmed the names of the newly elected members. The meeting came to a close at 6:00pm singing the School Anthem.

Mrs Carol Machado, Assistant Teacher
St Theresa's School, Bendur, Mangaluru

With Gratitude...Thank you Sir!

Mr H.R. Ravishankar, Asst Teacher (P.C.M.) of Ave Maria High School, Sirsi got retired on 31.05.2018 from his service having served for 35



years. The farewell programme was presided over by Sr Assumpta, Corporate Manager of Western Province. She appreciated his committed services to the institution. Sr Pierine, the Education Coordinator of the Province as the Chief Guest read out the appreciation letter of the Secretary BES Mangalore. Sr Jeevan BS, Deputy Secretary too was present as

another Chief Guest and honoured him with memento.

Mr Vivek recalled his meritorious services. Sisters from Dharwad, teachers from Ave Maria Primary, retired teachers, parents and well-wishers were present on the occasion. His generosity, dedication and numerous qualities were placed on record. He was applauded for his achievements in the field of Mathematics and Science. He had taken initiatives to train students for National Children's Science Congress and had accompanied them to participate at the National Level for 8 years and bagged prizes. He also had helped in project presentation. Video clips of his achievements were displayed. It was a flash back of his sweet memories. We wish him peaceful retired life. Thank you Sir.

Sr Sujatha BS, Headmistress
Ave Maria High School, Sirsi



Teacher Empowerment Programme ("Me Time" - ONE)

Catholic Association of South Canara (CASK) under the great initiative of Ms Patsy Lobo and team organized Teacher Empowerment Programme (Me Time) for the 27 teachers of the Bethany Educational Society on 23rd June 2018 at St Theresa's School, Bendur. The inauguration took place at 9.30am with Fr Dionysius Vaz SJ as the chief guest, Sr Mariette, the Secretary of BES and Correspondent of St Theresa School as the guest of honour, along with Mr Richard Rodrigues the President of CASK. Sr Philomene Saldanha the Principle, Sr Shanthi Clare the Vice-Principle and CASK members were also present on the occasion. All participants lined up in procession with rose petals and strewed them around the main lamp while the music was played at the background. Rev Fr Dionysius in his address focused on the need of the empowerment of teachers in order to empower the nation in and through the students who pass out from our hands. Sr Mariette said that 'Me Time' programme would provide an opportunity for teachers to explore their world within, to take stock of their inner resources, to multiply their assets in view of meeting the expectations of their students.

The session continued with various topics like development of soft skills, journal writing etc. Each one was given a candle and was asked to inscribe the initials of their names. Thereafter they lit their candles and passed on



to others with a sentence of encouragement. At the end they were asked to recall the words that made an impact on them.

At the end, the teachers were made to write down some of their dominant qualities, to which the others added on. The participants were divided into four groups to share about their qualities which every teacher should possess in order to be an effective and skilled teacher.

The sessions were very interesting and creative too. Thanks to CASK, Mrs Patsy the organizer and the great sponsors of this programme - Mrs Jessie Vas and late Mr Denis Vas from Mumbai. Looking forward for more sessions in the months to come.

Sr Saritha, Asst Teacher
St Theresa's School, Bendur

ಶಾಲಾ ಮಂತ್ರಿ ಮಂಡಲ ರಚನೆ

ಬೆಂಗಳೂರಿನ ಪ್ರೌಢ ಶಾಲೆ, ಚಿತ್ತಾಪೂರ 2018-19ನೇ ಸಾಲಿನ ಶಾಲಾ ಮಂತ್ರಿ ಮಂಡಲವನ್ನು ದಿನಾಂಕ:28.06.2018 ರಂದು ಉದ್ಘಾಟಿಸಲಾಯಿತು. ವಿದ್ಯಾರ್ಥಿಗಳು ಗುಪ್ತ ಮತದಾನ ಮಾಡುವುದರ ಮೂಲಕ ಶಾಲಾ ಮುಖ್ಯ ಮಂತ್ರಿ ಹಾಗೂ ಉಪಮುಖ್ಯಮಂತ್ರಿಯನ್ನು ಚುನಾಯಿಸಿದರು. ಈ

ಮಂತ್ರಿಮಂಡಲವನ್ನು ಉದ್ದೇಶಿಸಿ ಶಾಲಾ ಮುಖ್ಯೋಪಾಧ್ಯಾಯಿನಿಯರಾದ ಸಿ. ಕವಿತಾ ಬಿ.ಎಸ್ ಅವರು ವಿದ್ಯಾರ್ಥಿಗಳಲ್ಲಿ ನಾಯಕತ್ವದ ಗುಣಗಳನ್ನು ಬೆಳೆಸಿಕೊಳ್ಳಲು ಹಾಗೂ ಶಾಲೆಯ ಉತ್ತಮ ಆಡಳಿತ ನಡೆಸಲು ಮಂತ್ರಿ ಮಂಡಲದ ಅವಶ್ಯಕತೆ ಇದೆ ಮತ್ತು ನಾಯಕನಲ್ಲಿರಬೇಕಾದ

ಗುಣಲಕ್ಷಣಗಳ ಬಗ್ಗೆ, ಅವರ ಜವಾಬ್ದಾರಿಗಳ ಬಗ್ಗೆ ತಿಳಿಸಿದರು.

ನೂತನವಾಗಿ ಆಯ್ಕೆಯಾದ ಮಂತ್ರಿಮಂಡಲದ ಸದಸ್ಯರಿಗೆ ದೈಹಿಕ ಶಿಕ್ಷಕರಾದ ಶ್ರೀಯುತ ವಿಶ್ವನಾಥ ಕುಂಬಾರರವರು ಪ್ರಮಾಣ ವಚನ ಬೋಧಿಸಿದರು.

ಮುಖ್ಯೋಪಾಧ್ಯಾಯರು
ಹಾಗೂ ಸಿಬ್ಬಂದಿ ವರ್ಗ

ಬೆಂಗಳೂರಿನ ಪ್ರೌಢ ಶಾಲೆ, ಚಿತ್ತಾಪೂರ





Loving Tribute - May they Rest in Peace



Sr M Prudentia BS

DOD : 27.05.2018
Jyothi Nilaya Convent, Bangalore



Sr Clarita BS (77 Yrs)

DOD : 07.06.2018
Maryvale Convent, Kinnigoli



Mr Sundresh D B

DOD : 09.04.2018
St Martha's P U College,
Mudigere



Mrs Joyce Anita D'Souza

DOD : 11.04.2018
St Theresa's School, Bendur,
Mangalore



Mr Putta Swamy

DOD : 28.06.2018
St Rita's HPS, Dornahally



Harshitha Bansal (V Std)

DOD : 04.04.2018
Sacred Heart Con Sr Sec School, Ludhiana



Fahad Ahmed Shariff

DOD : 19.04.2018
St Joseph's High School, K R Nagar



Parth S Chawan

DOD : 29.05.2018
St Michael's Con Hr Pry School, Dandeli



Preeti Shivappa Kalabhavi

DOD : 26.06.2018
Presentation Convent Hr Pry School, Dharwad





Bethany Educational Society (R), Mangalore SSLC Examination Results 2017-2018

School	Pass%	Maximum Marks	Marks	Highest Percentage	Top Scorers
CBSE Board					
St Joseph's Convent School, Kalpetta, Kerala	100	500	477	95.4	Milan Sebastian & Fida Fathima
Msgr Raymond Memorial School, Chempanoda, Kerala	100	500	483	96.6	Jerin Jemes
St Joseph's Convent School, Bathinda, Punjab	100	500	489	97.08	Jasween Kaur Brar
St Theresa's Convent School, Karnal, Haryana	100	500	492	98.4	Vaibhav Kumar
Bethany Convent School, Naini, Allahabad	100	500	490	98	Mannat Mishra
Sacred Heart Convent School, Ludhiana, Punjab	100	500	490	98	Shaurya Gupta
Stella Maris Convent School, Sultanpur, UP	100	500	489	97.8	Tanya Singh
Sacred Heart Convent School, Barnala, Punjab	100	500	492	98.4	Yashita Arora
Bethany School, Sulantu	100	500	473	94.6	Antara Basaka Sayantika Saha Anish Majumder Saranya Pal
ICSE Board					
St Vincent's Convent School, Berhampur	100	600	584	97.4	Sumeet Kumar Panda
St Theresa's School, Bendur, Mangalore	100	600	577	96.6	Vidhula Kodira Lokesh
Holy Cross Con. School, Dharmanagar, North Tripura	96	600	574	95.6	Surup Chakrabarty
Karnataka State Board					
St Joseph's High School, Kankanady, Mangalore	82.35	625	547	87.52	Karthik Somashekhar Madara
Rosa Mystica High School, Kinnikambla, Mangalore	81	625	569	91	Sharal Lobo
Rosa Mystica Eng High School, Kinnikambla	100	625	598	95.68	Shravya N
Bethany Eng Med High School, Darbe, Puttur	100	625	608	97.28	Sagar M
Sacred Hearts' High School, Kulshekar, Mangalore	93.25	625	615	98.40	Samantha Feorin Saldhana
Little Flower High School, Kinnigoli, Mangalore	91.89	625	520	83.20	Pratheeksha N Shetty
Maryvale High School, Kinnigoli, Mangalore	95.29	625	595	95.02	Kripa K Sherigar
Holy Family High School, Bajpe, Mangalore	82.14	625	554	88.64	Harshith
Holy Family Eng High School, Bajpe, Mangalore	95.65	625	577	92.32	Shiny Crismitha D'Souza
Madeleine High School, Mulki, Mangalore	95	625	594	95.04	Reeshal Machado
Bethany Eng Med High School, Kilpady, Mulki	100	625	565	90.40	Jeethan Sweden Quadros
Jyothi High School, Ajekar, Karkal, Udupi	96.72	625	570	91.20	Reshma Mendonca
St Paul's High School, Balkunje	80.76	625	519	83.04	Thejaswini
St Raymond's High School, Vamanjoor	69.49	625	549	87.84	Ancilla Melisha D Souza
St Raymond's Eng High School, Vamanjoor	82	625	583	93.28	Vichelle Noronha
Nirmala Girls' High School, Sagar, Shimoga	92.53	625	593	94.88	Anusha B N
Loyola High School, Gadenahalli, Hassan	94.33	625	612	97.92	Gagan
St Martha's High School, Mudigere, Chikmagalur	63.15	625	579	92.64	Sneha
Bethany High School Bilagula Mudigere	87.8	625	584	93.44	Spoorthy DS & Vashika B R
Gulabi Girls' High School, Jayamahar, Bangalore	95.79	625	595	95.20	Nusra Khanam
St Joseph's Eng Med High School, Mankale, Sagar	100	625	615	98.4	H C Gourish
St Mary's High School, Arsikere, Hassan	93.12	625	609	97.44	Shriya GB
St Ignatius Eng Med High School, Gadenahalli, Hassan	94.11	625	580	92.80	Priyanka H A
St Joseph's Eng High School, K R Nagar, Mysore	95.35	625	621	99.36	Gagana C Keshava
St Joseph's HS, K R Nagar, Mysore - Kan Med	85.71	625	554	88.64	Shivaprasad C V
Jyothi High School, Kacharakanahalli	50	625	506	80.96	Ashwini
Jyothi Eng High School, Kacharakanahalli	58	625	576	92.16	Ghousiya
St Mary's High School, Kutta, South Kodagu	96.15	625	548	87.68	Anushree Gokul
Presentation Girls' High School, Dharwad	97.01	625	618	98.88	Rashmi B Sambaragi
Ave Maria High School, Sirsi, Uttara Kannada	85.51	625	603	96.48	Abhaya D. Palankar
St Joseph's Orph. High School, Santibastwad	92.75	625	574	91.84	Sagar Maladinni
Loyola High School, Gadag	77.45	625	612	97.92	Nikhat C Pujar
St Michael's Convent High School, Dandeli	88.96	625	620	99.20	Sakshi Nayak
Bethany High School, Chittapur, Gulbarga - Kan	69.39	625	563	90.08	Adarsha/Raju



School	Pass%	Maximum Marks	Marks	Highest Percentage	Top Scorers
Bethany High School, Chittapur, Gulbarga - Eng	96.97	625	559	89.44	Rahul/Shankar
Kerala State Board					
St Michael's Girls' High School, West Hill, Kerala	99.66	A+	A+	-	74 Students
St Paul's High School, Thenhipalam, Kerala	100	A+	A+	-	51 Students
Punjab State Board					
Sacred Heart Convent School, Ramdas, Punjab	100	650	559	86	Komaldeep Kaur
St Joseph's Convent Punjabi HS, Bathinda, Punjab	99	650	480	73.84	Abhijeet
Jharkhand State Board					
Bethany Convent School, Mc Mandro Jharkand	84.4	500	422	84.4	Madan Thakur
Nagaland State Board					
St Joseph's High School, Viswema, Nagaland	91.11	500	391	78.2	Thepfungunuo Zecho
Mizoram State Board					
St Francis of Assisi School, Mamit, Mizoram	95.24	500	435	87	K Lahahriatuali
Assam State Board					
Bethany School, Garchuk, Guwahati, Assam	83	600	557	92.83	Aditya Lahakar
Andhra Pradesh State Board					
Bethany EM High School, Uppudi	100	10	9.8	9.8%	Vaddi Susi & Adharsh Sai
Tamil Nadu State Board					
Our Lady of Miracles School, Annainagar	100	500	468	93.6	Sree Ajatha N T

**Bethany Educational Society (R) Goa
SSLC Examination Results 2017-2018**

School	Pass%	Maximum Marks	Marks	Highest Percentage	Top Scorers
Goa State Board					
Bethany Convent High School, Salcette, Goa	95.83	600	547	91.17	Saakshi Suresh Banjan
St Sebastian's High School, Loliem, Goa	100	600	498	83	Suchida Krishna Naik & Astik Anil Raikar

Bethany Educational Society (R) Panvel

School	Pass%	Maximum Marks	Marks	Highest Percentage	Top Scorers
Maharashtra State Board					
Bethany Convent School, Kolke, Panvel	100	500	454	90.80	Aiden Castelino

PUC / Senior Secondary Examination Results - 2017-2018

PUC/ Senior Secondary	Science Pass%	Commerce Pass%	Arts Pass%
Rosa Mystica PUC, Kinnikambla, Mangalore	-	92.59	100
Madeleine PUC, Mulki	98	100	100
St Raymond's PUC, Vamanjoor, Mangalore	97.44	88	92.85
Jyothi PUC, Ajekar, Karkala	-	100	66.67
Loyola PUC, Gadenahalli, Hassan, Karnataka	-	95.83	90
St Martha's PUC, Mudigere, Chikmagalur	81.57	96.07	-
St Mary's PUC, Arsikere, Hassan	63.63	82.85	-
Jyothi PUC, Kacharakanahalli, Bangalore	42.30	59.41%	57.89
Presentation PUC, Dharwad, Karnataka	60.3	83.9	-
Loyola PUC, Gadag	44.44	-	100
St Paul's Hr Sec School, Kohinoor, Thenhipalam, Kerala	97	-	-
St Michael's Girls Hr Sec School, West Hill	98	100	95
Sacred Heart Convent Sen Sec School, Ludhiana, Punjab	100	100	100
St Joseph's Convent Sen Sec School, Bathinda, Punjab	100	100	-
Sacred Heart Convent School, Barnala	97.7	100	-
St Theresa's Convent Sen Sec School, Karnal, Haryana	100	100	98
Stella Maris Convent Sr Sec School, Sultanpur	99	96.8	-
Bethany Convent School, Naini, Allahabad	98.71	98.03	-
St Joseph's Hr Secondary School, Viswema, Nagaland	-	-	70.8



Sparkling Stars - SSLC



GAGANA C KESHA
621/625

St Joseph's Eng HS,
K R Nagar



Sakshi Nayak
620/625

St Michael's Con HS,
Dandeli



Vedika
619/625

St Michael's Con HS,
Dandeli



Rashmi Sambargi
618/625

Presentation Girls HS,
Dharwad



Adarsh Naya K
618/625

St Michael's Con HS
Dandeli



Kiran S Muragodnavar
616/625

St Michael's Con HS
Dandeli



H C Gourish
615/625

St Joseph's Eng HS,
Mankale



Samantha F.saldhana
615/625

Sacred Hearts' HS,
Kulshekar



Samporn
615/625

St Michael's Con HS
Dandeli



Yashita Arora
492/500

Sacred Heart Convent School
Barnala



Vaibhav Kumar
492/500

St Theresa's Convent School
Karnal



Mannat Mishra
490/500

Bethany Convent School
Naini



Shaurya Gupta
490/500

Sacred Heart Convent School
Ludiana



Mallika Mittal
490/500

Sacred Heart Convent School
Barnala



Adardh Sai
9.8/10

Bethany Eng High School
Uppudi



Vaddi Susi
9.8/10

Bethany Eng High School
Uppudi



Sparkling Stars - PUC

Science



Saumya Ahluwalia
98.2%

Sacred Heart Con Sr Sec School
Ludiana



Khushi
97.2%

St Joseph Con Sr Sec School
Karnal



Khushpreet Singh
95.8%

Sacred Heart Convent School
Barnala



Asfiya
94%

St Raymond's PUC
Vamanjoor

Commerce



Fathima Hafiza
97.66%

Madeleine PUC,
Mulki



Shreya Singhal
96.8%

Sacred Heart Con Sr Sec School
Ludiana



Rashmi
93.5%

Loyola PU College,
Gadannhally



Kimpreet Kaur Walia
95.6%

St Theresa's Con Sr Sec School
Karnal

Arts



Ananya Gupta
98.2

Sacred Heart Con Sr Sec School
Ludiana



Adithi
97.4%

St Theresa's Con Sr Sec School
Karnal



Shreya
97.2%

St Theresa's Con Sr Sec School
Karnal



Bhagyashree
88.66%

Madeleine PUC,
Mulki

Blessings of Golden Years

17 May 2018 was a golden momentous occasion for the Sisters, Principal, Staff and Students of Stella Maris Convent School, Sulthanpur when a golden glow surrounded the entire school premises. Rev Sr Rose Celine, the President of BES presided over the jubilee function; Mr Vivek, the DM of Sultanpur arrived as the chief guest along with Mr Anupam Mishra IAS, and Mr Ras Bihari Singh DIG, CRPF as the guests of honour. Sr Shaila, the Corporate Manager, Mrs Babita Jaiswal, Municipality Chairman, Rev Msgr Louis Mascarenhas, the Vicar General, Rev Fr John Lobo, the Parish Priest, Sr Shamitha the Principal, Sr Agnelita, the Superior and HM were the other dignitaries on the dais.

The past was recalled with gratitude and the present was celebrated. The Principals and Superiors of yester years were honoured. The event reached its peak when the students presented a most glorifying and thrilling dance drama - 'REFORMATION', depicting 50 historical years of Stella Maris.



Congratulations to Sr Shamitha the Principal, Sr Leena Cutinho the Vice Principal, Sr Agnelita the Headmistress, Staff and students of Stella Maris Convent School for the memorable celebration of the 50 golden years.

Sr Jessie Maria BS,
Province Education Coordinator
Easten Province

ಹೃದಯಪೂರ್ಣ ಕೃತಜ್ಞತೆಗಳು.....

ಜೂ. 11, 2018 ರಂದು ಲಿಟ್ಲ್ ಫ್ಲವರ್ ಶಾಲೆಯ ಸಭಾಂಗಣದಲ್ಲಿ ದರ್ಜೆ, ಪುತ್ಥೂರು ಲಿಟ್ಲ್ ಫ್ಲವರ್ ಹಿರಿಯ ಪ್ರಾಥಮಿಕ ಶಾಲೆಯ ಆಡಳಿತ ಮಂಡಳಿ, ಗುರು-ಶಿಷ್ಯವೃಂದ, ರಕ್ಷಕ-ಶಿಕ್ಷಕ ಸಂಘದ ಸಹಯೋಗದಲ್ಲಿ ಕಳೆದ 42 ವರ್ಷಗಳಿಂದ ಶಿಕ್ಷಕಿ ವೃತ್ತಿಯನ್ನು ಬಹಳ ದಕ್ಷತೆಯಿಂದ ನಿರ್ವಹಿಸಿ ನಿವೃತ್ತರಾದ ಶಾಲೆಯ ಸಹಶಿಕ್ಷಕಿ ಶ್ರೀಮತಿ ಲೀಡಿಯಾ ಮರಿಯ ರಸ್ಕೀನ್ದಾರವರಿಗೆ ವಿದಾಯ ಸಮಾರಂಭವನ್ನು ಏರ್ಪಡಿಸಲಾಗಿತ್ತು. ನಿವೃತ್ತ ಶಿಕ್ಷಕಿ ಲೀಡಿಯಾ ಮರಿಯರವರ ಪತಿ, ಮೆಸ್ಸಾಂ ನಿವೃತ್ತ ಉದ್ಯೋಗಿ ಫ್ರಾಂಕಿ ಲೋಬೋರವರು ವೇದಿಕೆಯಲ್ಲಿ ಉಪಸ್ಥಿತರಿದ್ದರು.

ಮುಖ್ಯ ಶಿಕ್ಷಕಿ ಸಿಸ್ಟರ್ ಪ್ರಶಾಂತಿ ಸ್ವಾಗತಿಸಿ, ನಿವೃತ್ತ ಶಿಕ್ಷಕಿ ಲೀಡಿಯಾರವರ ಅಭಿನಂದನಾ ಪತ್ರ ವಾಚಿಸಿದರು ಹಾಗೂ ಶಾಲಾ ಸಂಚಾಲಕಿ ಸಿಸ್ಟರ್ ಸರಿಟಾ ಬಿ.ಎಸ್ ರವರು ಆಡಳಿತ ಮಂಡಳಿಯ ಪರವಾಗಿ ಸನ್ಮಾನ ಪತ್ರ ವಾಚಿಸಿ ಅಭಿನಂದಿಸಿದರು. ವಿದ್ಯಾರ್ಥಿಗಳ ಪರವಾಗಿ ಸಹನಾ, ಶಿಕ್ಷಕರ ಪರವಾಗಿ ಡೋರತಿ ಮಿನೆಜಸ್‌ರವರು ನಿವೃತ್ತ ಶಿಕ್ಷಕಿ ಲೀಡಿಯಾರವರ ಬಗ್ಗೆ ಅನಿಸಿಕೆ ವ್ಯಕ್ತಪಡಿಸಿದರು. ಶಿಕ್ಷಕಿ ಕ್ಲೇರಾ ಪ್ಯಾಸ್‌ರವರು ಪ್ರಗತಿ ಸ್ಪಡಿ ಸೆಂಟರ್‌ನ ಸಂಚಾಲಕಿ ಗೋಕುಲ್‌ನಾಥ್ ದಂಪತಿಗಳ ಸನ್ಮಾನ ಪತ್ರ ವಾಚಿಸಿದರು. ವಿದ್ಯಾರ್ಥಿಗಳು ಹಾಗೂ ಶಿಕ್ಷಕ ವೃಂದದವರು ನಿವೃತ್ತ ಶಿಕ್ಷಕಿಗೆ ಶುಭಾಶಯ ಗೀತೆಯೊಂದಿಗೆ ಶುಭವನ್ನು ಕೋರಿದರು.

ಶಿಕ್ಷಕಿ ವೃತ್ತಿಯನ್ನು ನಿರ್ವಹಿಸಿ ನಿವೃತ್ತರಾದ ಸಹ-ಶಿಕ್ಷಕಿ ಲೀಡಿಯಾ



ಮರಿಯ ರಸ್ಕೀನ್ದಾರವರು ವಿದಾಯ ಸನ್ಮಾನ ಸ್ವೀಕರಿಸಿ ತಮ್ಮ ಸೇವಾ ಅವಧಿಯಲ್ಲಿ ತಮ್ಮೊಂದಿಗೆ ಸಹಕರಿಸಿದ, ಆಧರಿಸಿದ ಬೆಂಚಿನ ಆಡಳಿತ ಮಂಡಳಿಗೆ, ಸಹದ್ಯೋಗಿ ಬಂಧುಗಳಿಗೆ, ವಿದ್ಯಾರ್ಥಿಗಳ ಹೆತ್ತವರಿಗೆ, ಪಾಲಕರಿಗೆ, ನೆರೆದ ಸರ್ವರಿಗೆ ಕೃತಜ್ಞತೆಗಳನ್ನು ಸಲ್ಲಿಸಿದರು.

Sr Prashanthi BS, Headmistress
Little Flower Hr Pry School, Puttur



Exploring Talents...

A Summer Camp was conducted at Madeleine High School, Mulki for the students of VIII and IX Std from 1st to 10th April 2018. Mr Manoj, Dance Master and Mr Loyd Pereira, Band Master trained students in dance and band. Girls were trained in folk dance and a few boys too. The parents appreciated the Headmistress and staff for providing the opportunity for their children to bring out their talents and skills.

Sr Vidya Pinto, Headmistress
Madeleine High School, Mulki



Little Flower Higher Primary School, Putur conducted classes in Spoken English, preparation of Science Models, Art and Craft classes for the students of 6th and 7th Std from 1st to 27th April 2018. The resources persons were Sr Daina Monteiro, Seetha, Clara and Preetham. They trained students in various activities and skills. Students were happy and participated actively.

Sr Prashanthi, Headmistress
Little Flower Hr Pry School, Puttur

The summer camp was conducted at Little Flower Hr Pry School, Kinnigoli in April 2018 for 5 days. 35 students from IV to VII Std participated in it joyfully. Sr Hilda Rodrigues, the Headmistress inaugurated the camp and Sr Celine Vas conducted classes on spoken English, Sr Veronica on Art and Drawing, Sr Afflicta on craft and Miss Akshatha, dance. The parents were very happy for training their children and appreciated the efforts of the Headmistress and the staff.

Sr Hilda Rodrigues, Headmistress
Little Flower Hr Pry School, Kinnigoli





The summer camp was conducted at Bethany Primary School Bajpe from 6th to 13th April for 40 Students. Mr Royston, Band Master and Mrs Cyble D'Souza were the resources persons. The students learnt to prepare decorative items out of waste material. They also took great interest to learn the band. Thus they spent their holidays and leisure fruitfully.

Sr Diana, Headmistress
Bethany Primary School, Bajpe

The summer camp was held at the Holy Family High School Bajpe from 6th to 13 April. 50 students took part in craft, English speaking course and Band training. Students were over whelmed with joy to learn life skills such as craft and drawing. Mr Loyd, Ms Reshma and Mr Noel helped at this camp as resources persons. Sr Lolita Pereira, the Headmistress had also organised cooking without fire as part of learning.

Sr Lolita Pereira, Headmistress
Holy Family High School, Bajpe



ನಾಯಕತ್ವದ ಹಾದಿಯಲ್ಲಿ

ದಿ. 15.06.2018 ರಂದು ದಾರವಾಡದ, ಪ್ರಸೆಂಟೇಷನ್ ಬಾಲಕೀಯರ ಪ್ರೌಢ ಶಾಲೆಯಲ್ಲಿ 2018-19 ಸಾಲಿನ "ಶಾಲಾ ಸಂಸತ್ತನ್ನು" ಉದ್ಘಾಟಿಸಲಾಯಿತು. ಹೊಸದಾಗಿ ಆಯ್ಕೆಯಾದ ನಾಯಕಿ ಮತ್ತು ಉಪನಾಯಕಿಯರುಗಳಿಗೆ ಮಾನ್ಯ ಮುಖ್ಯೋಪಾಧ್ಯಾಯಿನಿಯರಾದ ಸಿ. ಸ್ಕಾಲಿ ಬಿ ಎಸ್‌ರವರು ಪ್ರತಿಜ್ಞಾ ವಿಧಿಯನ್ನು ಭೋದಿಸಿದರು. ನಂತರ ಅವರು ಮಾತನಾಡಿ, ಮಂತ್ರಿ ಮಂಡಲದ ಸರ್ವ ಸದಸ್ಯರುಗಳು ಶಾಲಾ ಅವಧಿಯಲ್ಲಿ ನಿರ್ವಹಿಸಬೇಕಾದ ಕಾರ್ಯ ಮತ್ತು ಕರ್ತವ್ಯಗಳನ್ನು ವಿತರಿಸಿದರು.

ಶಿಕ್ಷಕರಾದ ಸ್ಯಾಮುಯೆಲ್‌ರವರು ಮಾತನಾಡಿ, ಭಾರತದ ಸಂವಿಧಾನವು ಹಲವು ದೇಶಗಳಿಗೆ ಮಾದರಿ ಸಂವಿಧಾನವಾಗಿದೆ. ಇಲ್ಲಿ ಪ್ರಜೆಗಳೇ ಪ್ರಭುಗಳಾದ್ದರಿಂದ ದೇಶದ ಏಳಿಗೆ ಮತ್ತು ಸುಲಭ ಆಡಳಿತಕ್ಕೆ ಪ್ರಜಾಪ್ರಭುತ್ವ

ಸರ್ಕಾರವು ಸಹಕಾರಿಯಾಗಿದೆ, ಎಂದು ಹೇಳಿದರು. ಕಾರ್ಯಕ್ರಮವು ರಾಷ್ಟ್ರಗೀತೆಯೊಂದಿಗೆ ಸಮರೋಪಗೊಳಿಸಲಾಯಿತು.



Chandrappa Kuri
Presentation Girls' HS, Dharwad



ಕುಲಶೇಖರದ ಸೇಕ್ರೆಡ್ ಹಾರ್ಟ್ ಪ್ರೌಢಶಾಲಾ 2017-2018 ನೇ ಶೈಕ್ಷಣಿಕ ವರ್ಷದ ನೂತನ ಮಂತ್ರಿ ಮಂಡಲವು ರಚನೆಯಾಗಿ ಅದರ ಉದ್ಘಾಟನೆಯು ದಿನಾಂಕ 19.06.2018 ರಂದು ನೆರವೇರಿತು.

ಶಾಲಾ ನಾಯಕಿ, ಸಹಾಯಕ ನಾಯಕರು, ಕಾರ್ಯದರ್ಶಿ, ಸ್ವೀಕರ್, ವಿರೋಧ ಪಕ್ಷದ ನಾಯಕರು ಹಾಗೂ ಸದಸ್ಯರಿಗೆ ಮುಖ್ಯೋಪಾಧ್ಯಾಯಿನಿ ಸಿ. ಸಿಂತಿಯಾ ಡಿ'ಕುನ್ಹರವರು ಪ್ರತಿಜ್ಞಾ ವಿಧಿಯನ್ನು ಭೋದಿಸಿದರು. ಶಿಸ್ತು, ಶಿಕ್ಷಣ, ಆರೋಗ್ಯ, ಸ್ವಚ್ಛತೆ, ಪರಿಸರ, ಆಹಾರ, ಕ್ರೀಡೆ ಮತ್ತು ಸಾಂಸ್ಕೃತಿಕ ಚಟುವಟಿಕೆಗಳನ್ನು ಶಾಲಾ ಮಂತ್ರಿಮಂಡಲದ ವಿಧ್ಯಾರ್ಥಿಗಳಿಗೆ ಹಂಚಲಾಯಿತು. ಶಿಕ್ಷಕ ಶ್ರೀ ವಿಕ್ಟರ್ ಬರ್ನಾಡ್ ಡಿ'ಸೋಜಾರವರು ಕಾರ್ಯಕ್ರಮ ನಿರೂಪಿಸಿದರು.



ಕುಲಶೇಖರದ ಸೇಕ್ರೆಡ್ ಹಾರ್ಟ್ ಪ್ರೌಢಶಾಲೆಯ 2018-19ನೇ ಶೈಕ್ಷಣಿಕ ವರ್ಷದ ವಿವಿಧ ಸಂಘಗಳ ಉದ್ಘಾಟನೆಯನ್ನು ಸಂಘಗಳ ಪದಾಧಿಕಾರಿಗಳು ಹಾಗೂ ಮುಖ್ಯೋಪಾಧ್ಯಾಯಿನಿ ವಂದನೀಯ ಭಗಿನಿ ಸಿಂತಿಯಾ ಡಿ'ಕುನ್ಹಾ ಅವರು ದಿನಾಂಕ 19-06-2018 ರಂದು ನಡೆಸಿಕೊಟ್ಟರು. ದೀಪದ ಬೆಳಕು ಹೇಗೆ ತನ್ನ ಕಿರಣಗಳನ್ನು ಹೊರಸೂಸಿ ಬೆಳಕನ್ನು ನೀಡುತ್ತದೋ ಅದೇ ರೀತಿ ನಮ್ಮ ಶಾಲಾ ಎಲ್ಲಾ ಸಂಘದ ಪ್ರತಿಭೆಗಳು ಅರಳಲಿ ಎಂಬ ಸಾಂಕೇತದೊಂದಿಗೆ ಸಂಘದ ಕಾರ್ಯಕ್ರಮಕ್ಕೆ ಚಾಲನೆ ನೀಡಲಾಯಿತು. ವಿವಿಧ ಸಂಘಗಳ ವಿದ್ಯಾರ್ಥಿಗಳಿಂದ ವೈವಿಧ್ಯಮಯ ಕಾರ್ಯಕ್ರಮಗಳು ಜರುಗಿದವು. ಮುಖ್ಯೋಪಾಧ್ಯಾಯಿನಿಯವರು ತಮ್ಮ ಅಧ್ಯಕ್ಷೀಯ ಭಾಷಣದಲ್ಲಿ ವಿದ್ಯಾರ್ಥಿಗಳು ಪಠ್ಯ ಚಟುವಟಿಕೆಗಳ ಜೊತೆಗೆ ಸಹಪಠ್ಯ ಚಟುವಟಿಕೆಗಳನ್ನು ಮೈಗೂಡಿಸಿಕೊಳ್ಳಬೇಕೆಂಬ ಸಂದೇಶವನ್ನು ನೀಡಿದರು. ಸಹ ಶಿಕ್ಷಕರಾದ ಶ್ರೀಮತಿ ಗ್ರೇಸಿ ಪಿಂಟೋರವರು ಕಾರ್ಯಕ್ರಮವನ್ನು ನಿರೂಪಿಸಿದರು.



Sr Cynthia D'Cunha, Headmistress
Sacred Hearts' HS, Kulshekar

Caring for Birds and Animals



The Club members and volunteers of the Bharat Scouts and Girl Guides of the school from classes

VI and VII visited the bird and animal shelters at Bhagwan Mahavir Abhayshala and Jeev Kalyan Kendra in Khwajke village, Rahon Road on 28 April 2018. The students were sensitized towards the needs and feeding of the birds and animals. The President of NGO-People for animals Mr Sandeep Jain patiently answered the queries of the students who were accompanied by Ms Anubhuti and Mr Ravikant.

Institution Day Celebration

The students celebrated the Institution Day on 4th and 5th May. The programme on 4th was conducted by the students of X-D and E while on 5th May it was conducted by VIII-A. The performances included prayer songs, dances both classical and folk, the band played on the rock music with intensity and passion and the highlight was the skit which gave message to the audience about the role of the school in making each one of us a superstar.

The Principal Sr Reshmi addressed the students and in appreciation for their academic excellence

awarded certificates to the meritorious students for securing A1 grade and also 15 those students who achieved 10070 attendance by remaining present throughout the year.



Immunization Drive in the School

On 3 May 2018 a health campaign for eradication of Measles and Rubella was initiated by the Central and State Ministry of Health and Family Welfare in association with WHO and UNICEF. The main aim of this was to eliminate Measles and control Rubella in the age group 9 months to 15 years.

The immunization of drive was carried out with the help of parents, society and school. The team of doctor included Dr Pardeep Mohindra Senior Medical Officer and Dr Rashpal Singh. A single dose was administered, free of cost.



Labourer's Day



Labourer's Day was celebrated in the school with full aplomb on 01 May 2018. The function started with a welcome to the workers in the campus, acknowledging their hard work. God's blessings were invoked by a prayer song.

A skit depicting the dedicated services of the workers was performed by students of X-A and X-B. The students showcased their dancing skills. Mr Dalip won the lucky worker award and was felicitated by the Principal. The workers also participated in other games. Mr. Vijay thanked the Management staff and students, on behalf of all the workers.

Best NCC Cadet!

Fateh Singh of X-B was honoured as the Best Cadet in the Pre RDC. He was awarded with a cheque of ₹ 4500 by the CD of 19 PB Battalion NCC. Congratulations to you dear Fateh.

Sr Reshmi, Principal
Sacred Heart Convent School, Ludhiana



If not delivered please return to

Bethany Educational Society (R)
Bethany Convent,
Bendur, Mangalore - 575 002
Karnataka, India

To _____
